



COLLECTION OF BRAIN-TEASERS
& YOUR BEST TRAVEL COMPANION



PUZZLE
BOOK
FOR ANY
MOMENT



PATH TO SELF-BELIEF

60 MIND PUZZLE CHALLENGES
TO SELF-CONFIDENCE

ARTUR J. HELLER & ANETA G. HELLER





**REAL CHALLENGES
NO ANSWERS
NO CHEATING**

INTRODUCTION

Welcome to **“Path to Self-Belief: 60 Mind Puzzle Challenges to Self-Confidence.”** In the pages ahead, you will embark on a captivating journey filled with intriguing puzzles designed to strengthen your self-belief. These puzzles are not merely games but gateways to a greater understanding of your own abilities and a boost to your confidence.

In life, just as in puzzles, we often begin with a single point—a starting point from which we must navigate a series of twists, turns, and unexpected challenges to reach our desired destination. The puzzles within this book echo this very sentiment, providing you with the opportunity to overcome obstacles and find your unique path to success.

Our collection offers a diverse range of puzzles, each carefully crafted to provide a unique challenge. From the straightforward to the intricate, you will find puzzles categorized into easy, medium, and hard levels. As you progress through these challenges, you’ll discover that every solution is a testament to your growing self-belief.

INSTRUCTIONS - In the following puzzles, your objective is to find a continuous path from one dot to another without breaking the line or stopping. Simply just follow the line. **Experience the thrill of the challenge and invite your friends to join in the excitement! Together, conquer these puzzles and discover the paths to self-belief.**

LET’S EMBARK ON YOUR SELF-BELIEF ADVENTURE!



A. J. HELLER



A. G. Heller



BOOK CONTENT

EASY
SOLVE 20 PUZZLES
ANYTIME, ANYWHERE

07

MEDIUM
UNVEIL 20 PUZZLES,
READY FOR SOLVING ANYTIME

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WHENEVER YOU CHOOSE:
CONQUER 20 PUZZLES

51



**"BELIEVE IN YOURSELF, BECAUSE THE REST OF US
THINK YOU'RE AWESOME."**



**"BELIEVE IN YOURSELF BECAUSE EVERYONE ELSE
IS TOO BUSY BELIEVING IN THEMSELVES."**



**"CONFIDENCE IS SILENT. INSECURITIES ARE NOISY.
ALSO, I JUST STEPPED ON A LEGO."**

FUNNY QUOTES

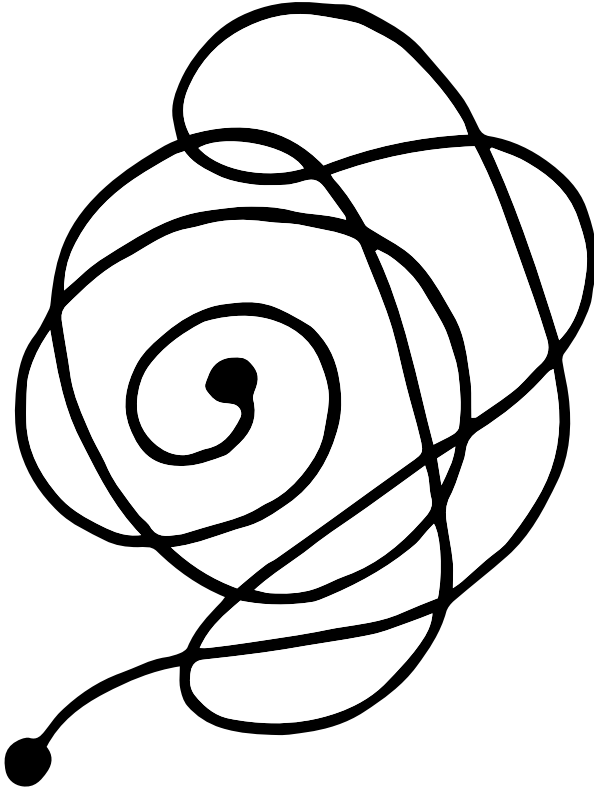
EASY

**SOLVE 20 PUZZLES
ANYTIME, ANYWHERE**

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 001



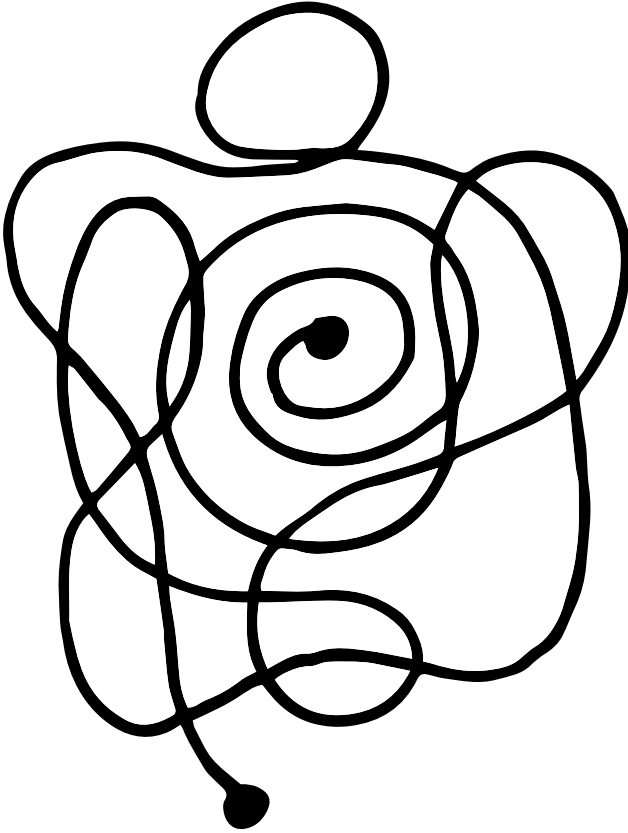
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"BELIEVE IN YOURSELF AND ALL THAT YOU ARE. KNOW THAT THERE IS SOMETHING INSIDE YOU THAT IS GREATER THAN ANY OBSTACLE." - CHRISTIAN D. LARSON

PUZZLE 002

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



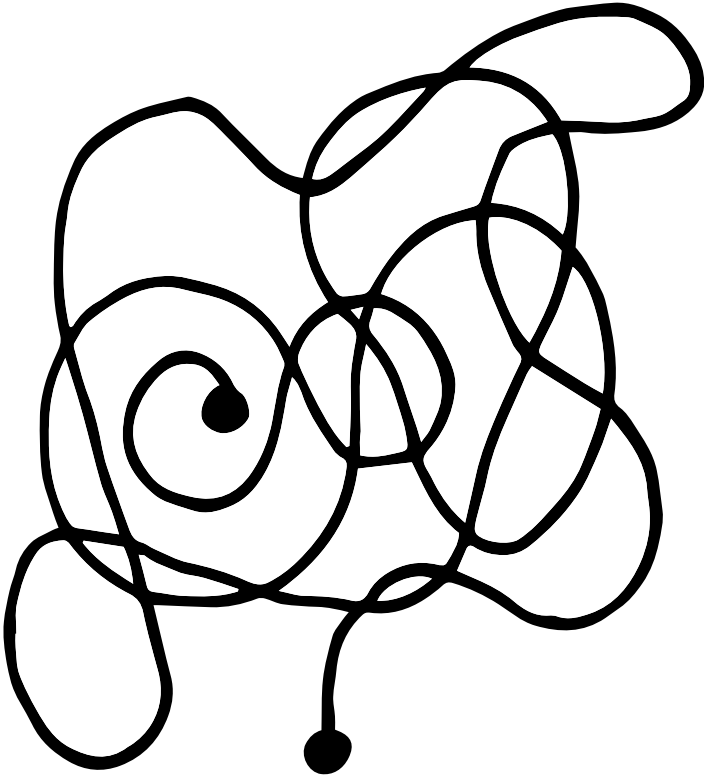
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"YOUR VALUE DOESN'T DECREASE BASED ON SOMEONE'S INABILITY TO SEE YOUR WORTH."

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 003



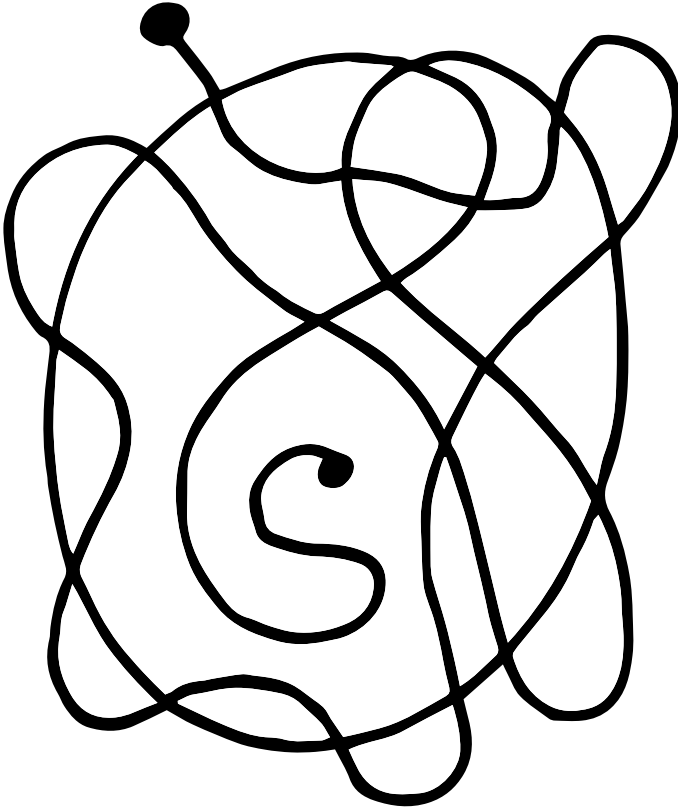
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"THE WAY TO DEVELOP SELF-CONFIDENCE IS TO DO THE THING YOU FEAR AND GET A RECORD OF SUCCESSFUL EXPERIENCES BEHIND YOU." - WILLIAM JENNINGS BRYAN

PUZZLE 004

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



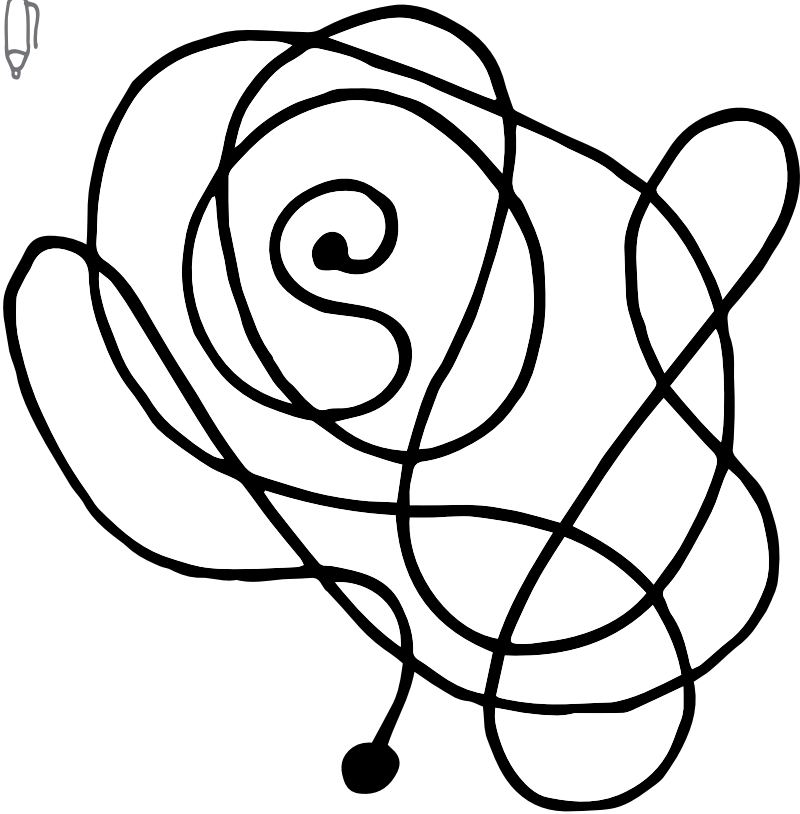
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"THE ONLY PERSON WHO CAN PULL ME DOWN IS MYSELF, AND I'M NOT GOING TO LET MYSELF PULL ME DOWN ANYMORE." - C. JOYBELL C.

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 005



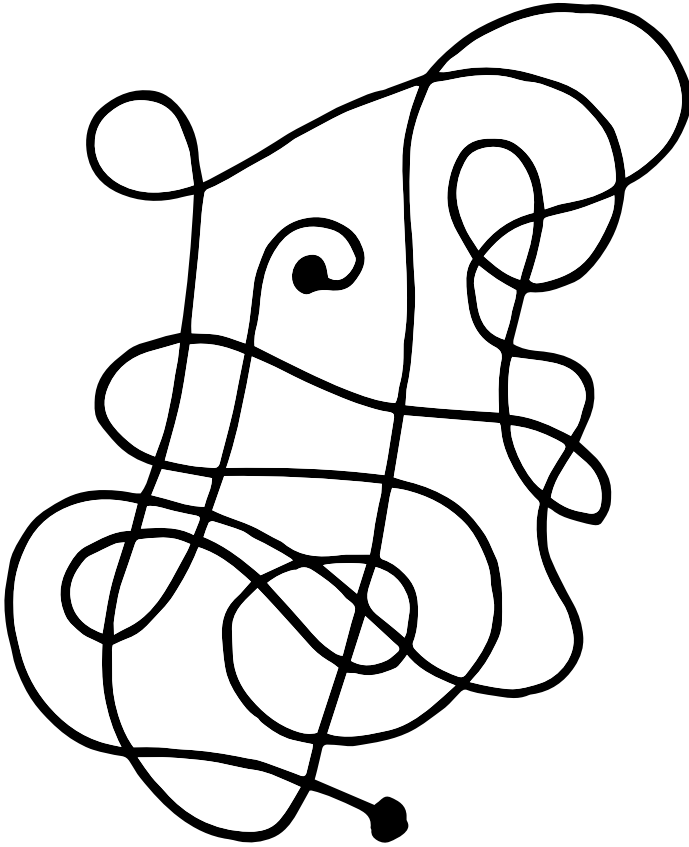
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"DON'T BE SATISFIED WITH STORIES, HOW THINGS HAVE GONE WITH OTHERS.
UNFOLD YOUR OWN MYTH." - RUMI

PUZZLE 006

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



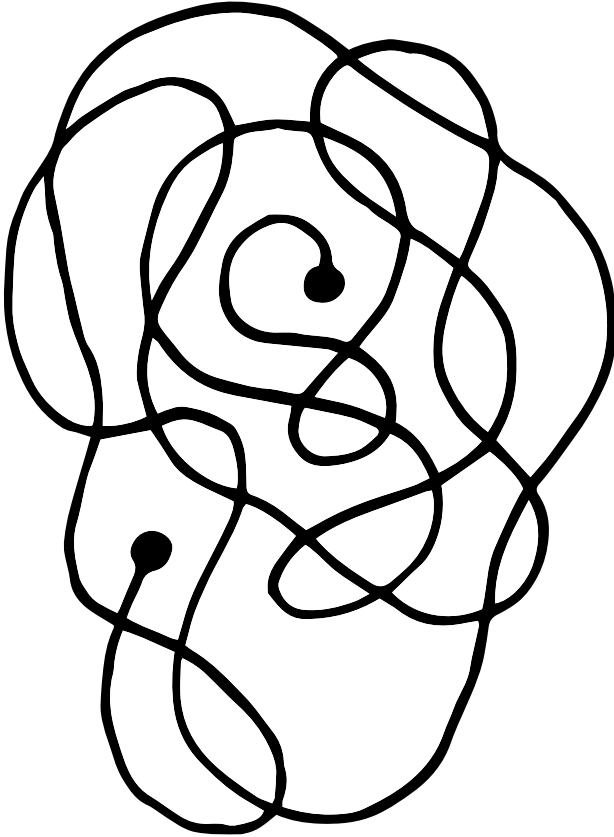
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"TO BE YOURSELF IN A WORLD THAT IS CONSTANTLY TRYING TO MAKE YOU SOMETHING ELSE IS THE GREATEST ACCOMPLISHMENT." - RALPH WALDO EMERSON

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 007



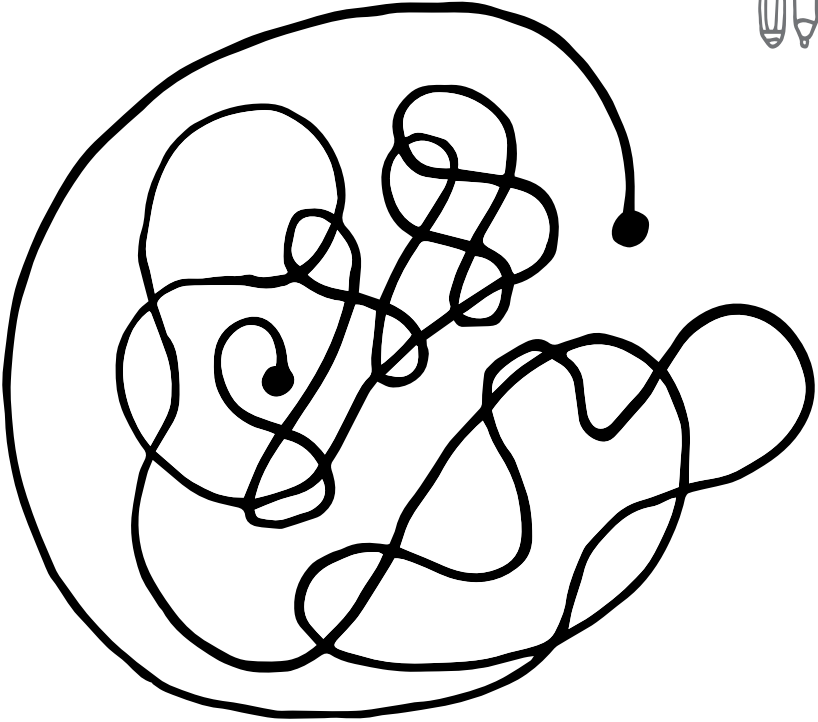
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"BELIEVE IN YOUR INFINITE POTENTIAL. YOUR ONLY LIMITATIONS ARE THOSE
YOU SET UPON YOURSELF." - ROY T. BENNETT

PUZZLE 008

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



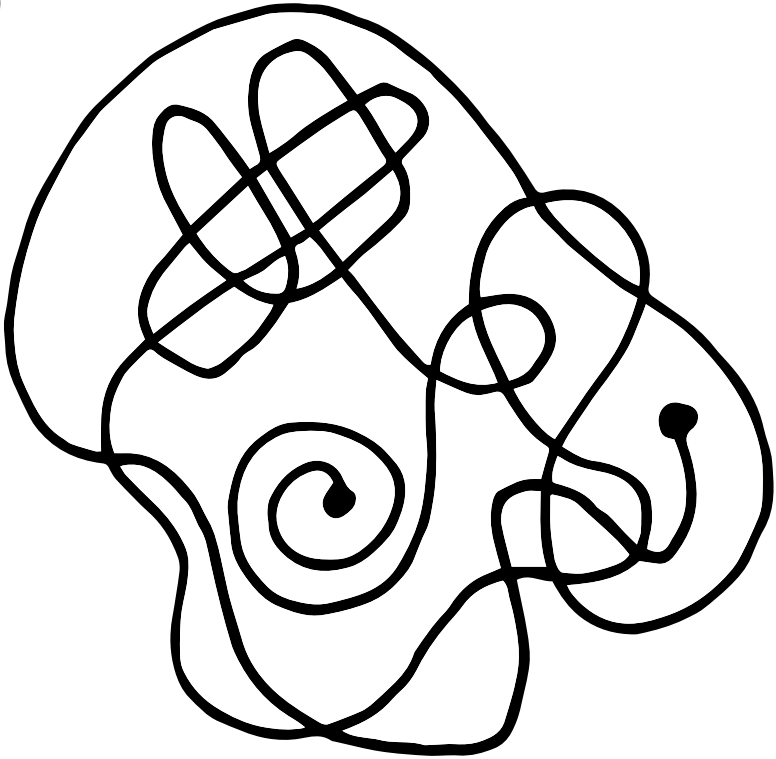
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"THE COURAGE TO BE IS THE COURAGE TO ACCEPT ONESELF,
IN SPITE OF BEING UNACCEPTABLE." - PAUL TILlich

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 009



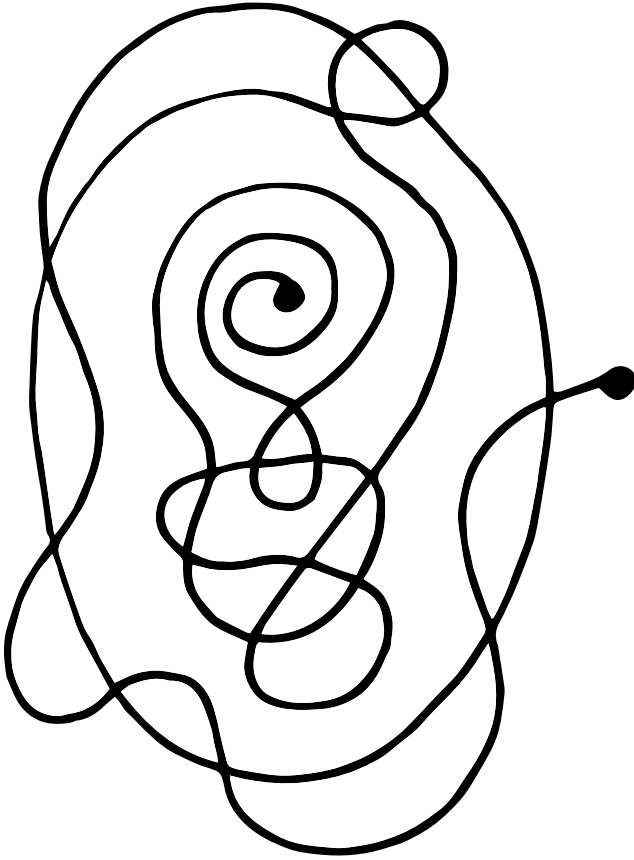
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"WITH CONFIDENCE, YOU HAVE WON BEFORE YOU HAVE STARTED." - MARCUS GARVEY

PUZZLE 010

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



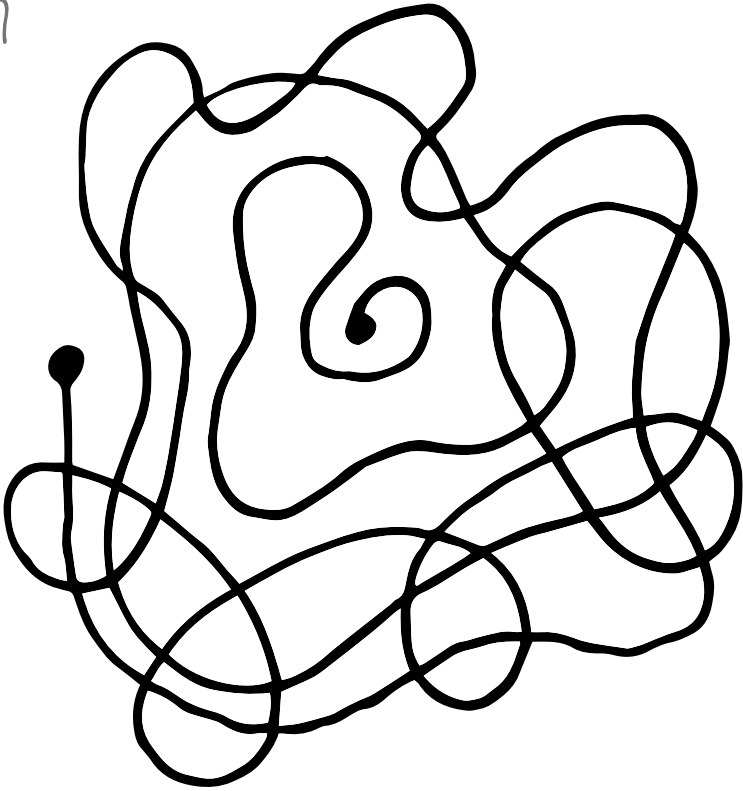
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"NO ONE CAN MAKE YOU FEEL INFERIOR WITHOUT YOUR CONSENT." - ELEANOR ROOSEVELT

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 011



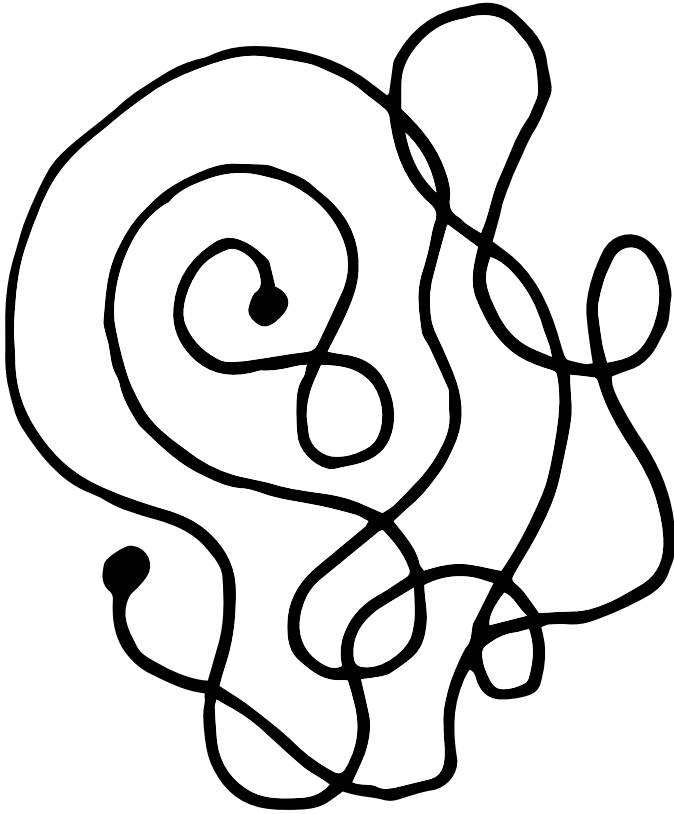
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"YOUR TIME IS LIMITED, SO DON'T WASTE IT LIVING SOMEONE ELSE'S LIFE." - STEVE JOBS

PUZZLE 012

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

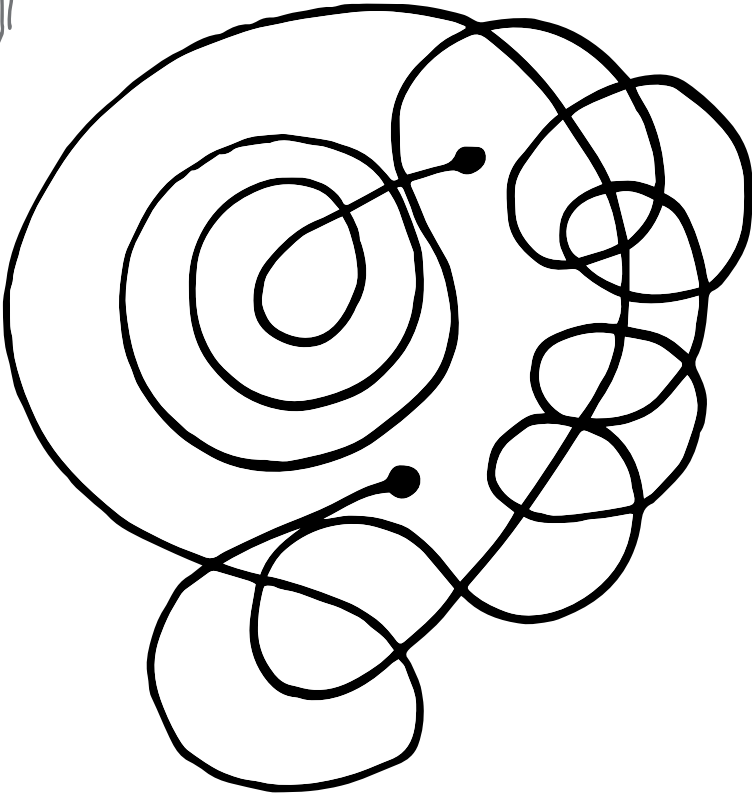
"BELIEVE IN YOURSELF, TAKE ON YOUR CHALLENGES, DIG DEEP WITHIN YOURSELF
TO CONQUER FEARS. NEVER LET ANYONE BRING YOU DOWN. YOU GOT THIS."

- CHANTAL SUTHERLAND

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 013



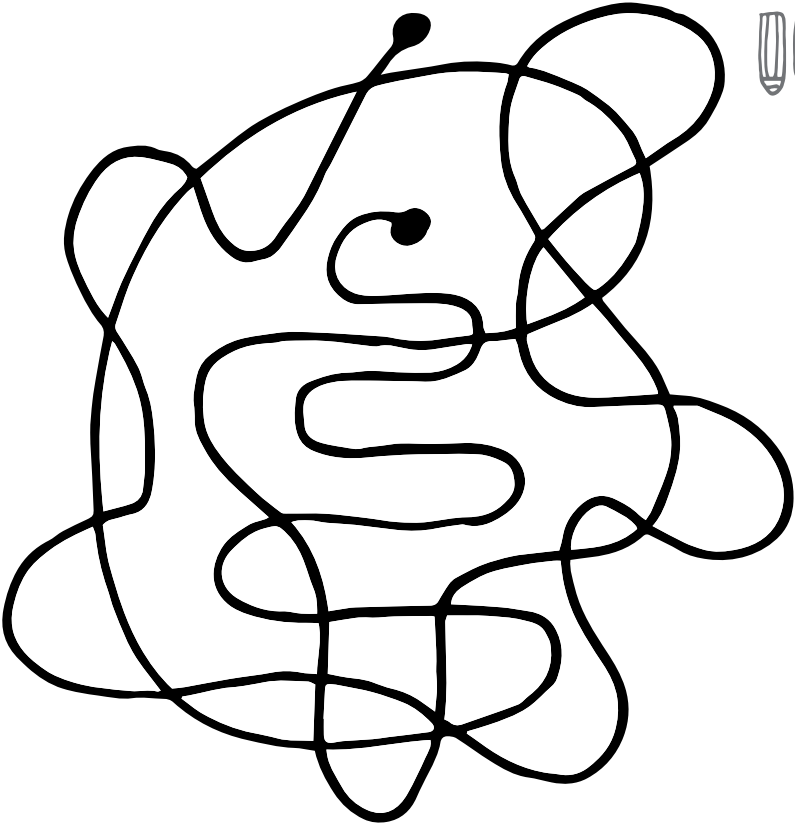
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"YOU ARE THE MASTERPIECE OF YOUR OWN LIFE; YOU ARE THE MICHELANGELO OF YOUR EXPERIENCE. THE DAVID THAT YOU ARE SCULPTING IS YOU." - JOE VITALE

PUZZLE 014

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



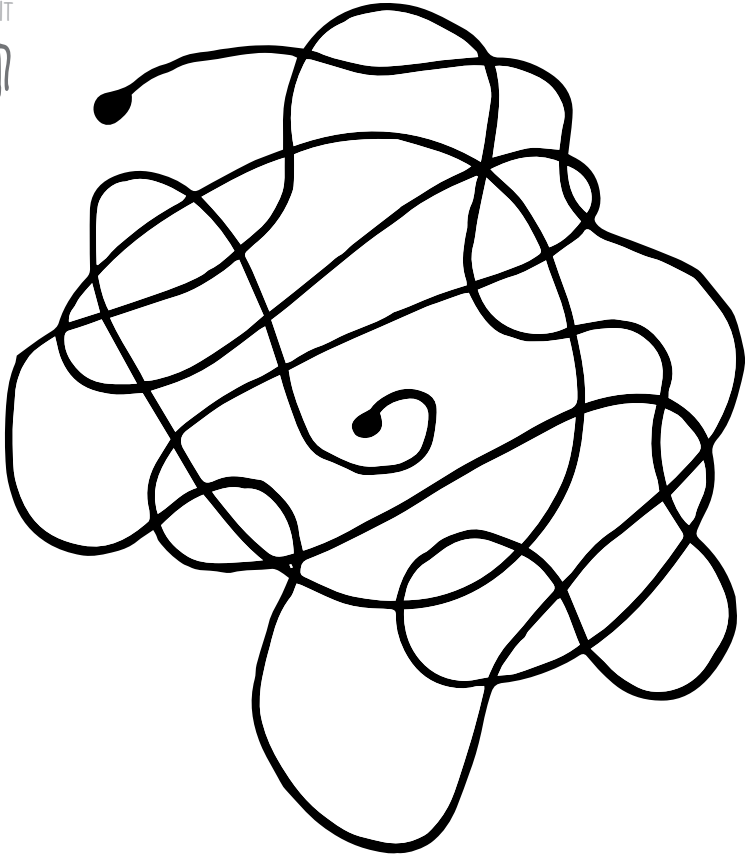
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"THE STRONGEST FORCE IN THE UNIVERSE IS A HUMAN BEING LIVING CONSISTENTLY WITH HIS IDENTITY." - TONY ROBBINS

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 015



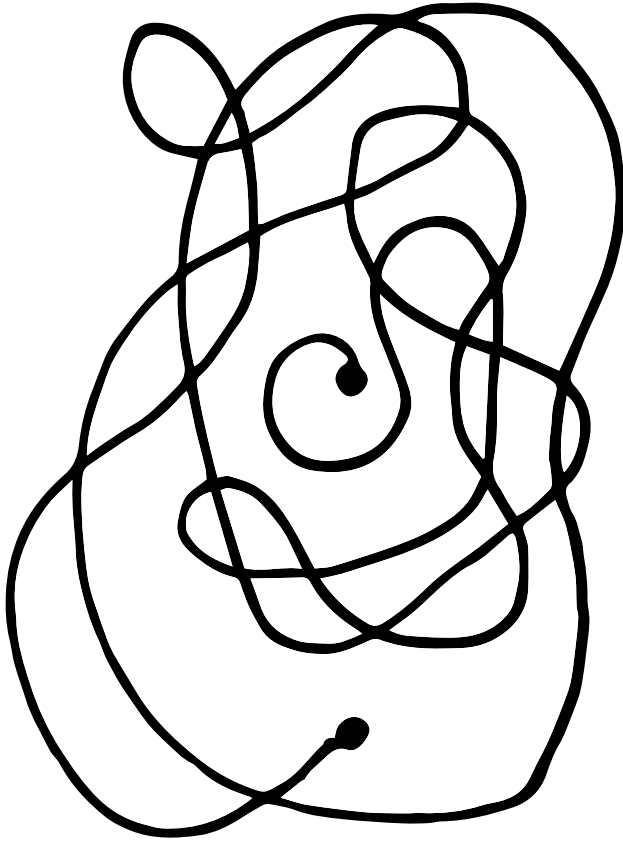
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"THE MOST BEAUTIFUL THING YOU CAN WEAR IS CONFIDENCE."

PUZZLE 016

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



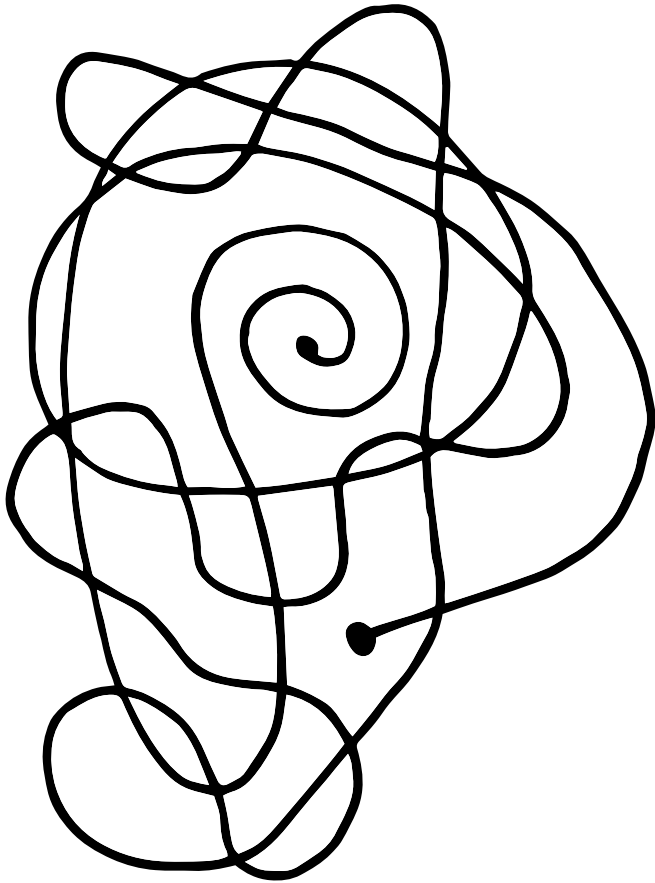
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"TRUST YOURSELF. YOU KNOW MORE THAN YOU THINK YOU DO." - BENJAMIN SPOCK

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 017



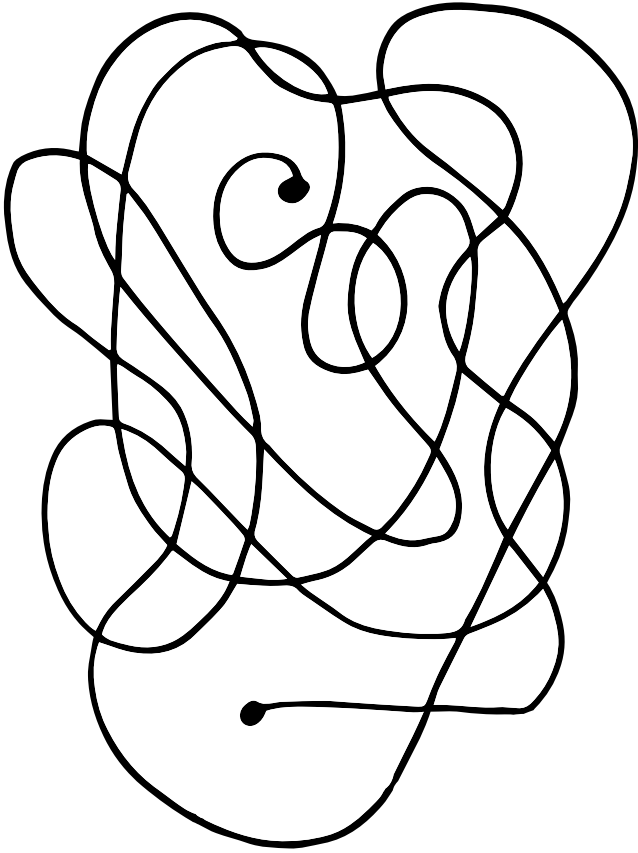
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"SUCCESS IS NOT THE KEY TO HAPPINESS. HAPPINESS IS THE KEY TO SUCCESS. IF YOU LOVE WHAT YOU ARE DOING, YOU WILL BE SUCCESSFUL." - ALBERT SCHWEITZER

PUZZLE 018

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



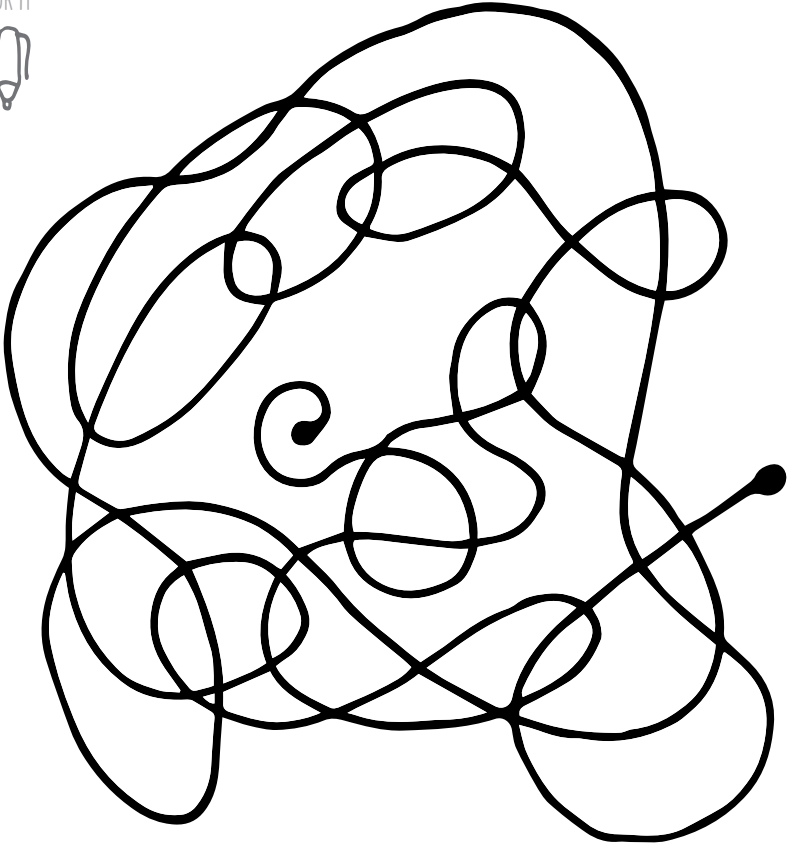
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"YOU HAVE WITHIN YOU RIGHT NOW, EVERYTHING YOU NEED TO DEAL WITH WHATEVER
THE WORLD CAN THROW AT YOU." - BRIAN TRACY

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 019



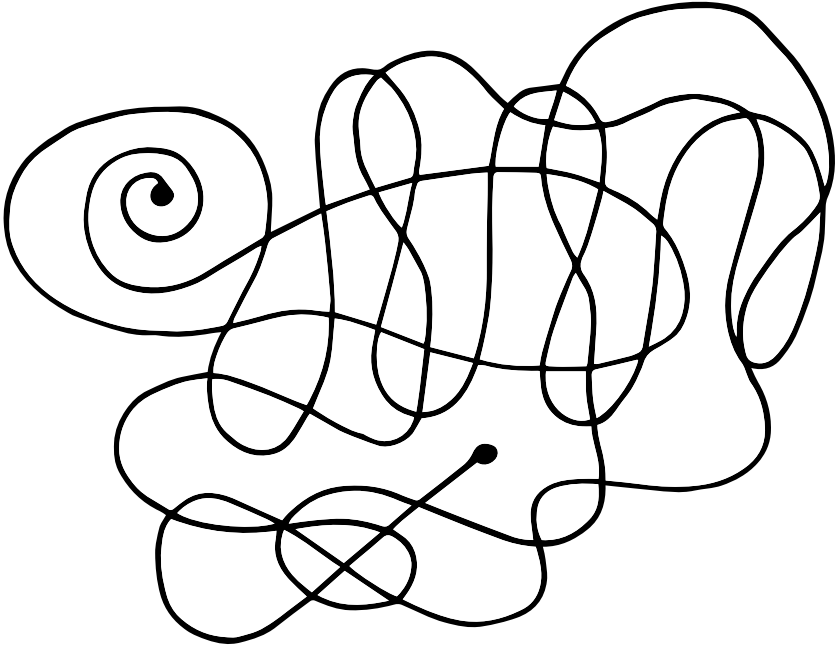
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"LIFE IS NOT EASY FOR ANY OF US. BUT WHAT OF THAT? WE MUST HAVE PERSEVERANCE AND ABOVE ALL CONFIDENCE IN OURSELVES. WE MUST BELIEVE THAT WE ARE GIFTED FOR SOMETHING AND THAT THIS THING MUST BE ATTAINED." - MARIE CURIE

PUZZLE 020

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"THE MOMENT YOU GIVE UP IS THE MOMENT YOU LET SOMEONE ELSE WIN."
- KOBE BRYANT



"CONFIDENCE IS NOT HAVING TO CHECK IF THE TOILET PAPER IS THERE BEFORE YOU SIT DOWN."



"BELIEVE IN YOURSELF. YOU ARE BASICALLY A SUPER-POWERED HUMAN WITH THE ABILITY TO NAP."



"I BELIEVE IN MYSELF, BUT I ALSO BELIEVE THAT MONDAY SHOULD BE OPTIONAL."

FUNNY QUOTES

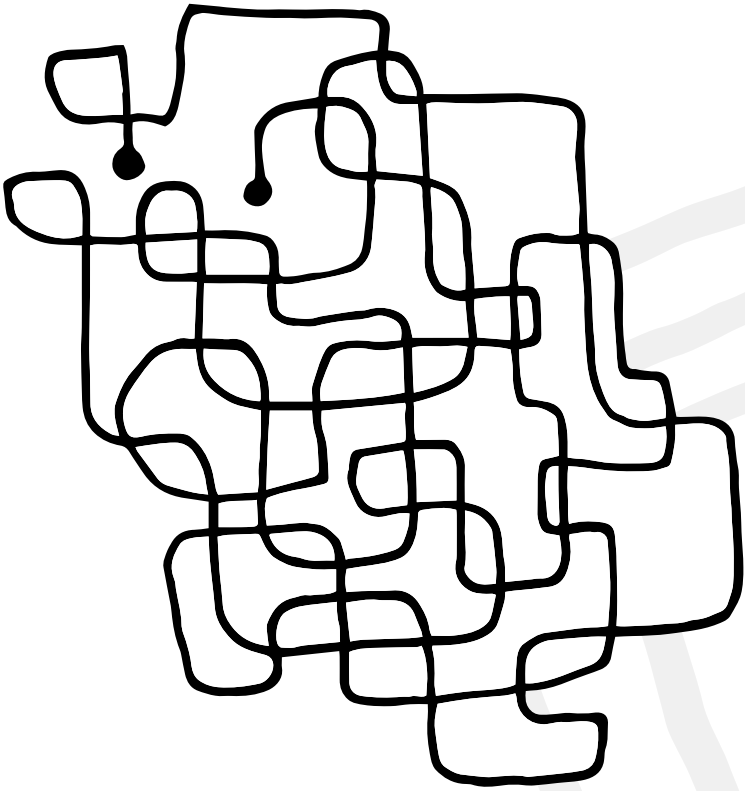
MEDIUM

UNVEIL 20 PUZZLES,
READY FOR SOLVING ANYTIME

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 021



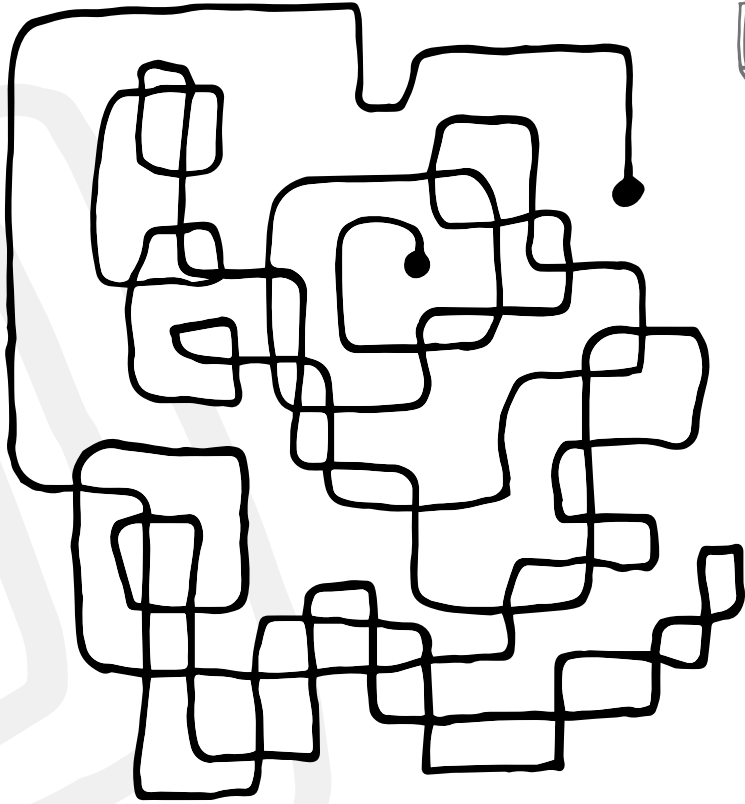
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"THE MORE YOU CARE, THE STRONGER YOU CAN BE." - JIM ROHN

PUZZLE 022

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

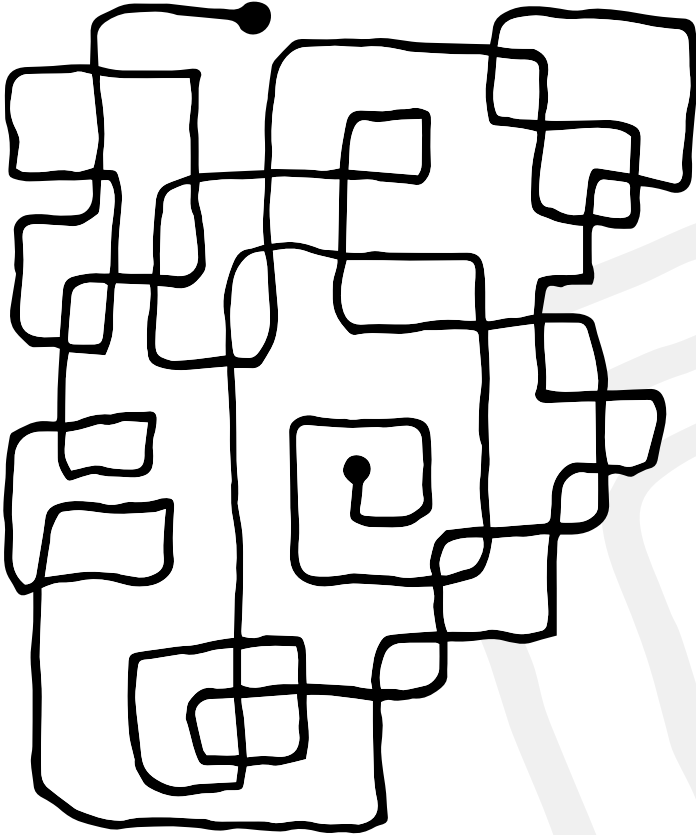


WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"THE ONLY THING THAT STANDS BETWEEN YOU AND YOUR DREAM IS THE WILL TO TRY
AND THE BELIEF THAT IT IS ACTUALLY POSSIBLE." - JOEL BROWN

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

PUZZLE 023



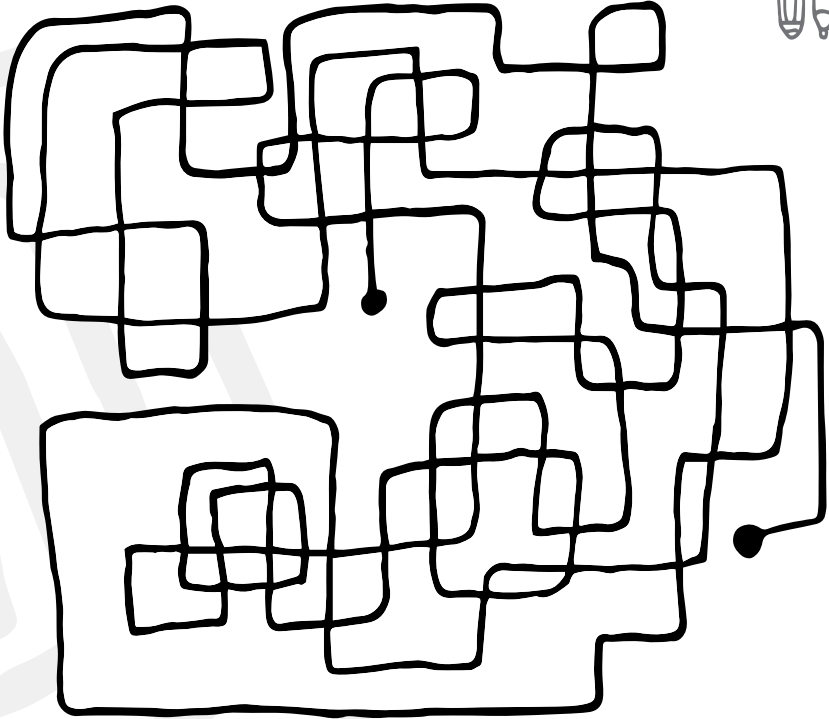
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"TO BE YOURSELF IN A WORLD THAT IS CONSTANTLY TRYING TO MAKE YOU SOMETHING ELSE IS THE GREATEST ACCOMPLISHMENT." - RALPH WALDO EMERSON

PUZZLE 024

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

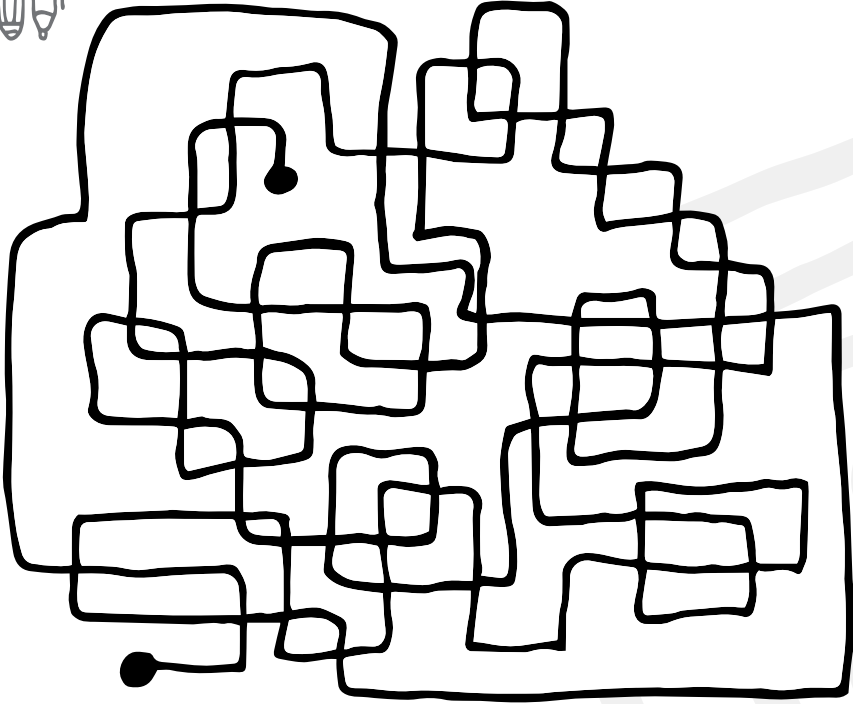


WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"BELIEVE YOU CAN, AND YOU'RE HALFWAY THERE." - THEODORE ROOSEVELT

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

PUZZLE 025



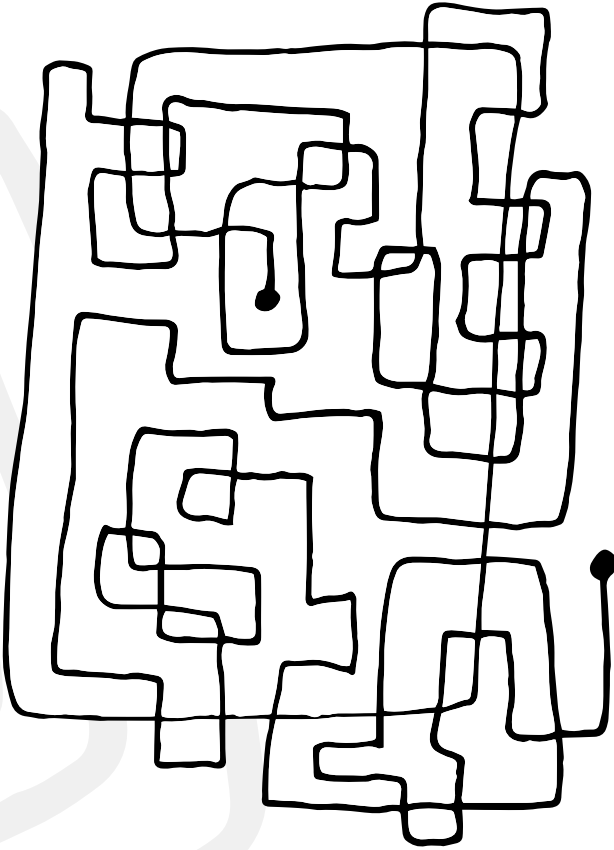
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"YOU HAVE BRAINS IN YOUR HEAD. YOU HAVE FEET IN YOUR SHOES. YOU CAN STEER YOURSELF ANY DIRECTION YOU CHOOSE." - DR. SEUSS

PUZZLE 026

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



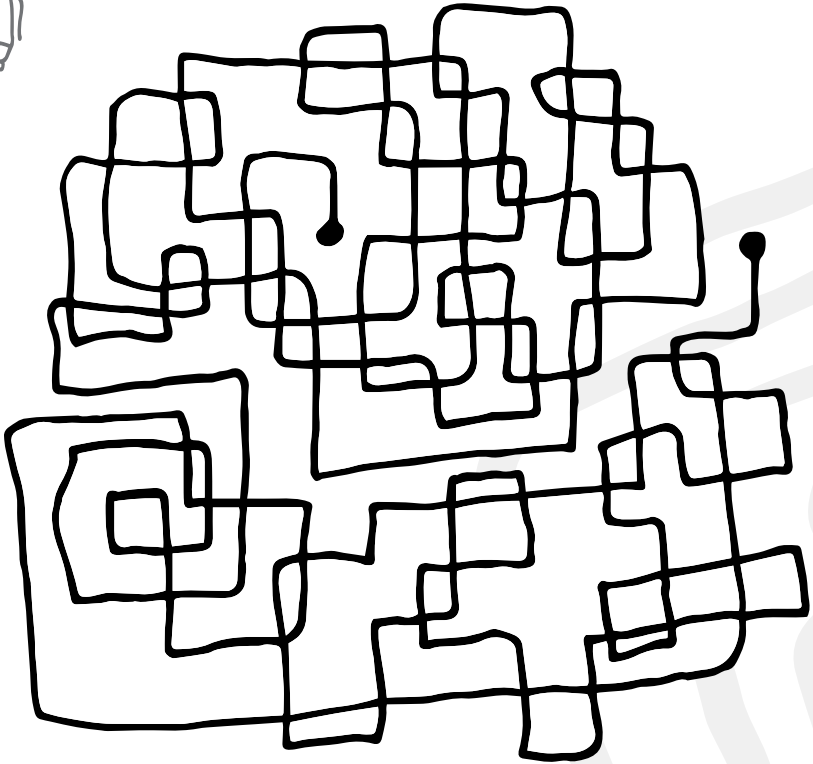
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"WITH CONFIDENCE, YOU HAVE WON BEFORE YOU HAVE STARTED." - MARCUS GARVEY

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 027



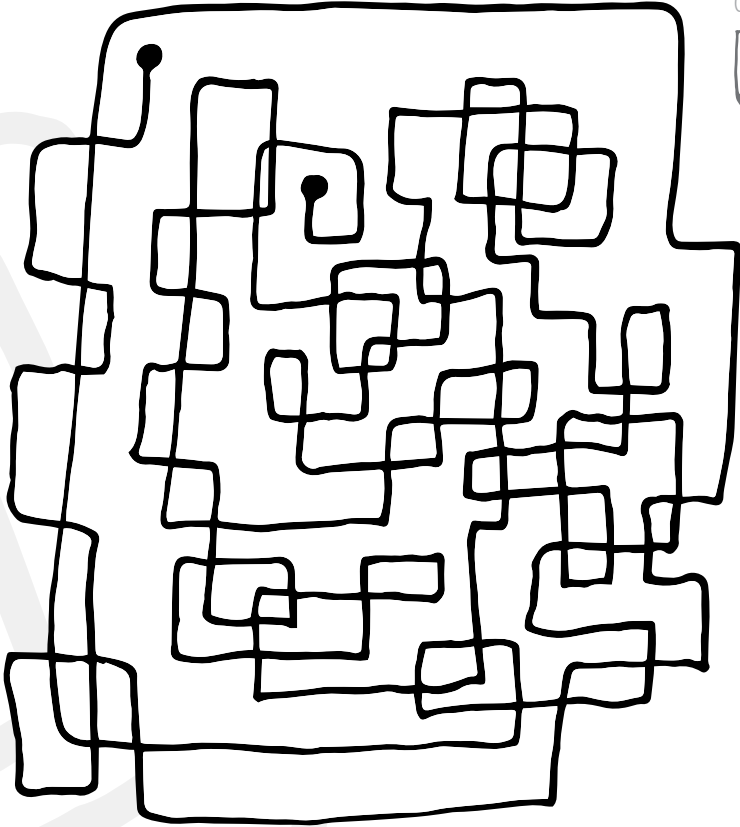
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"DON'T LET OTHERS DEFINE YOU. DON'T LET THE PAST CONFINE YOU. TAKE CHARGE OF YOUR LIFE WITH CONFIDENCE AND DETERMINATION, AND THERE ARE NO LIMITS ON WHAT YOU CAN DO OR BE." - MICHAEL JOSEPHSON

PUZZLE 028

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



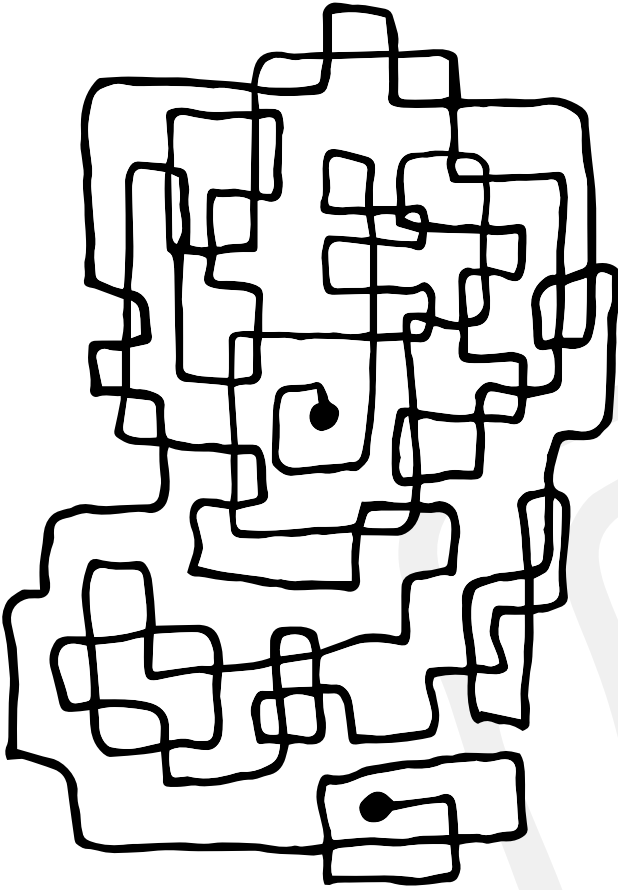
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"YOU ARE THE ONLY PERSON ON EARTH WHO CAN USE YOUR ABILITY." - ZIG ZIGLAR

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 029



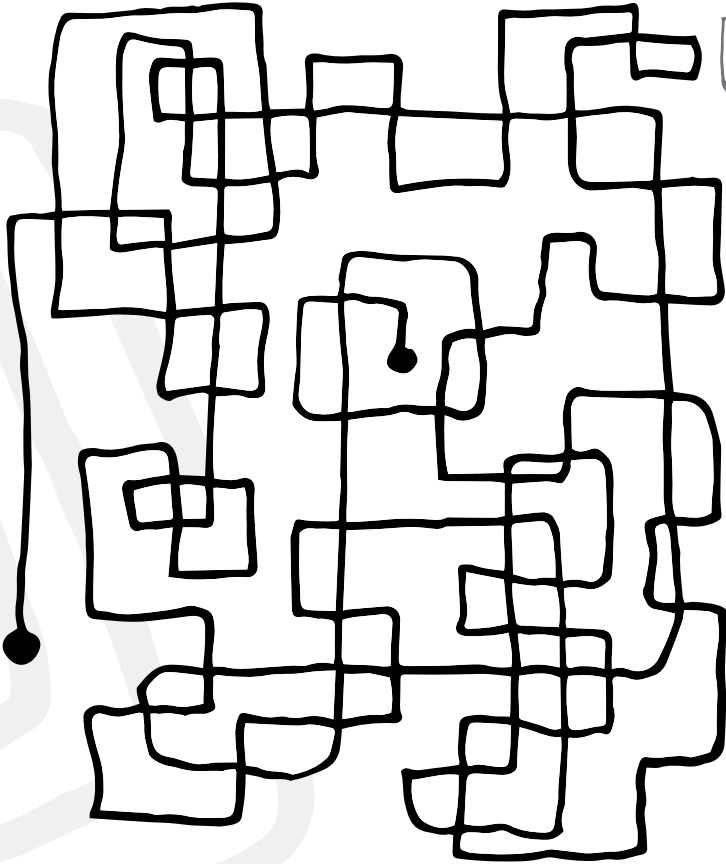
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"YOU ARE ENOUGH JUST AS YOU ARE. EACH EMOTION YOU FEEL, EVERYTHING IN YOUR LIFE, EVERYTHING YOU DO OR DO NOT DO... WHERE YOU ARE AND WHO YOU ARE RIGHT NOW IS ENOUGH. IT IS PERFECT. YOU ARE PERFECT ENOUGH." - HAEMIN SUNIM

PUZZLE 030

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



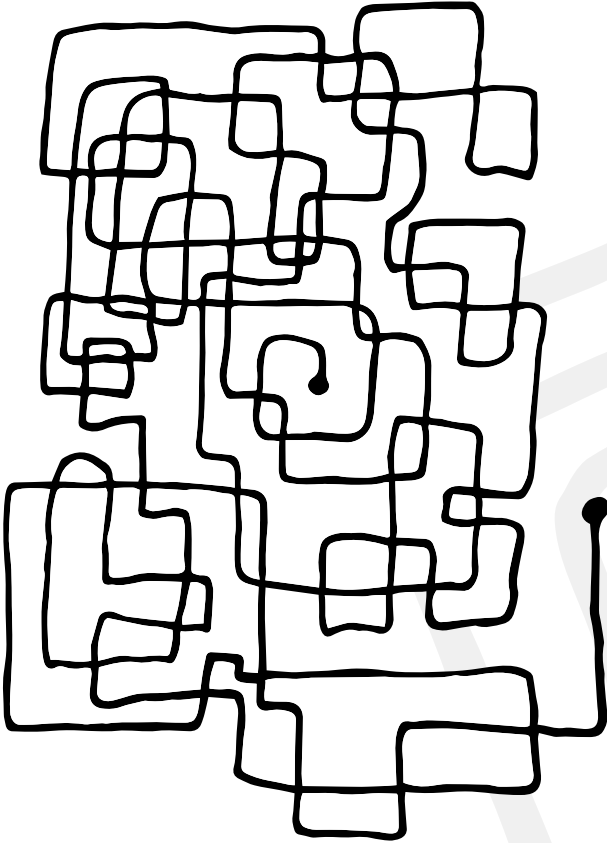
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"THE COURAGE TO BE IS THE COURAGE TO ACCEPT ONESELF,
IN SPITE OF BEING UNACCEPTABLE." - PAUL TILLICH

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 031



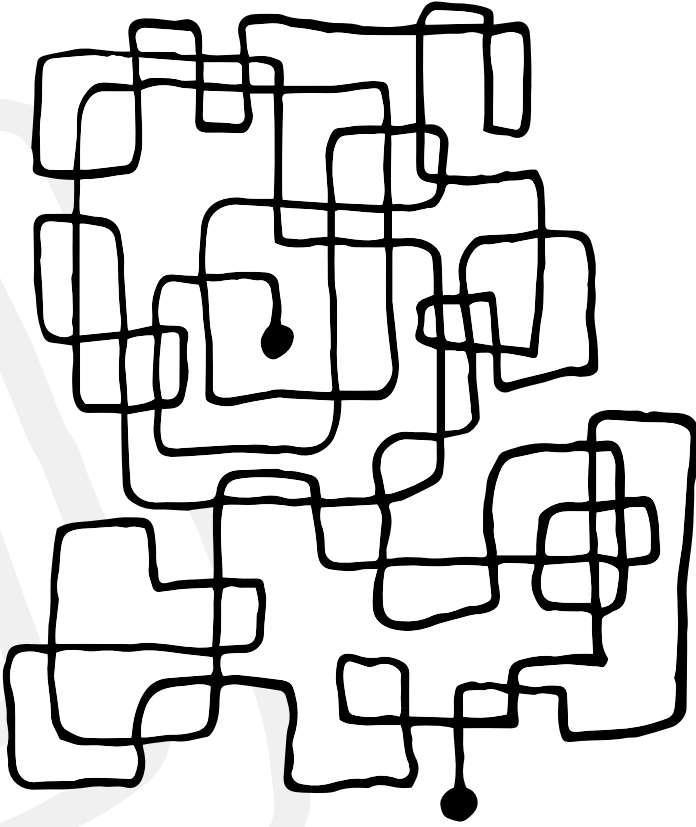
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"YOU HAVE WITHIN YOU RIGHT NOW, EVERYTHING YOU NEED TO DEAL WITH WHATEVER
THE WORLD CAN THROW AT YOU." - BRIAN TRACY

PUZZLE 032

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



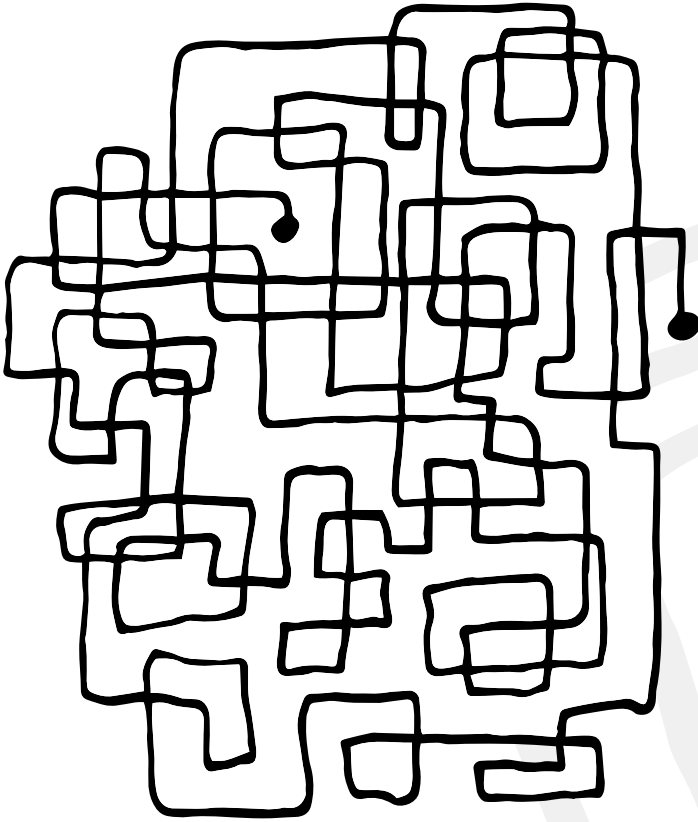
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"CONFIDENCE IS NOT 'THEY WILL LIKE ME.' CONFIDENCE IS 'I'LL BE FINE IF THEY DON'T.'"
- CHRISTINA GRIMMIE

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 033



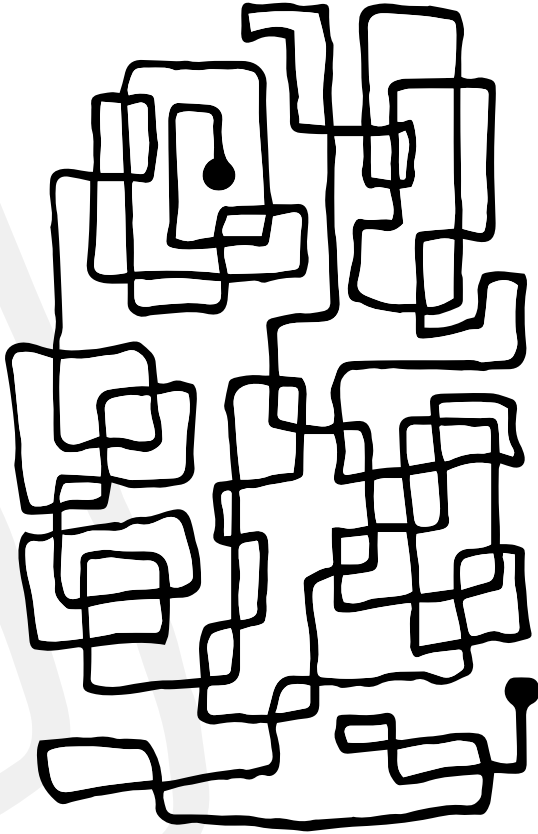
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"CONFIDENCE COMES NOT FROM ALWAYS BEING RIGHT BUT FROM NOT FEARING
TO BE WRONG." - PETER T. MCINTYRE

PUZZLE 034

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



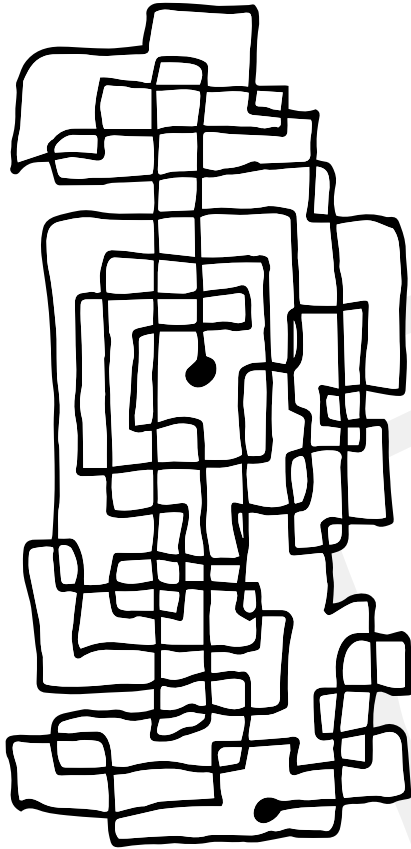
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"BELIEVING IN YOURSELF IS THE FIRST STEP TO SUCCESS.
THE SECOND STEP IS NOT GIVING UP."

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 035



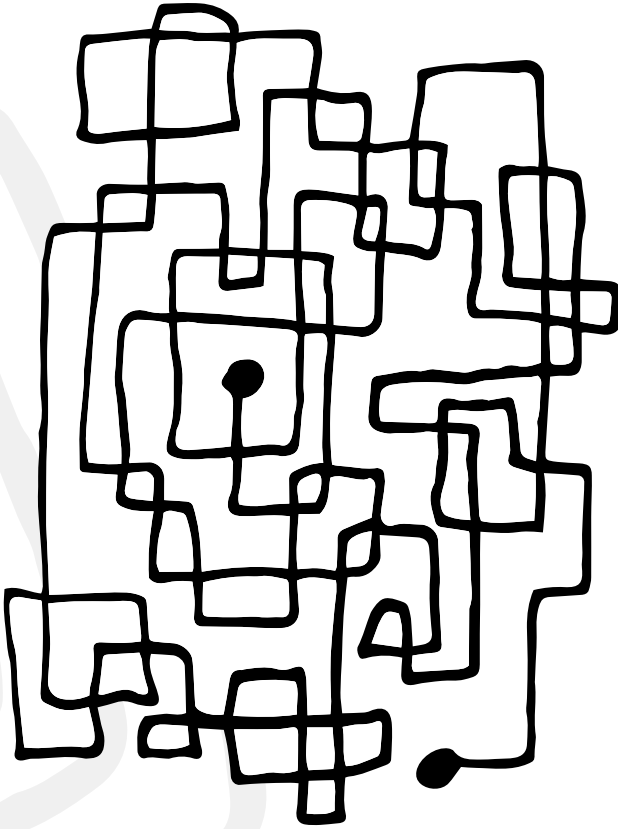
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"CONFIDENCE IS NOT ABOUT BEING ARROGANT;
IT'S ABOUT BEING SECURE IN WHO YOU ARE."

PUZZLE 036

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

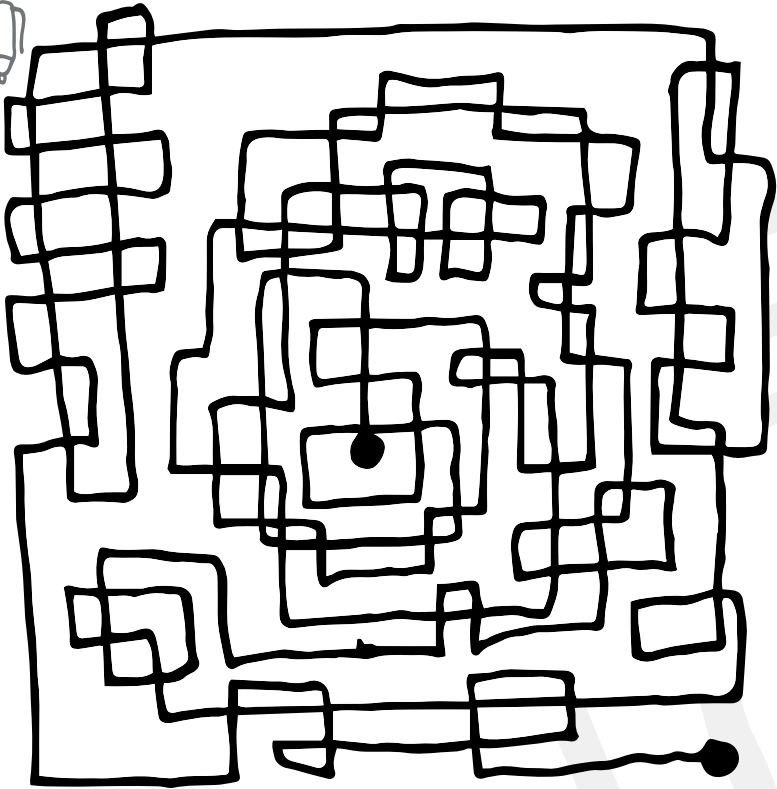


WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

“TRUE CONFIDENCE IS NOT ABOUT IMPRESSING OTHERS,
BUT ABOUT BEING COMFORTABLE IN YOUR OWN SKIN.”

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

PUZZLE 037



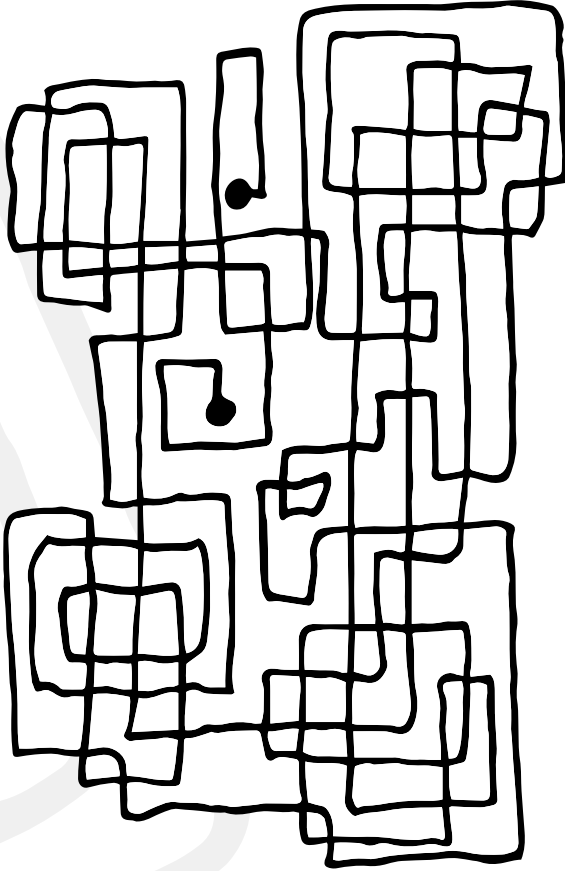
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"DON'T LET SELF-DOUBT HOLD YOU BACK; BELIEVE IN YOURSELF,
AND ANYTHING IS POSSIBLE."

PUZZLE 038

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

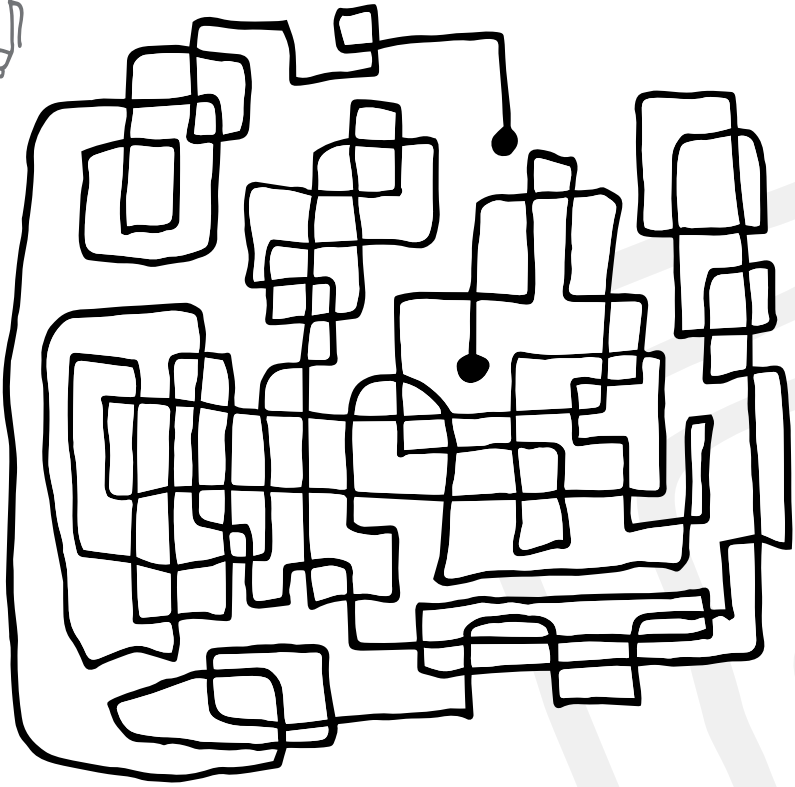


WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"BELIEVE IN YOUR DREAMS, EVEN IF OTHERS DON'T.
YOUR BELIEF CAN MAKE THEM A REALITY."

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

PUZZLE 039



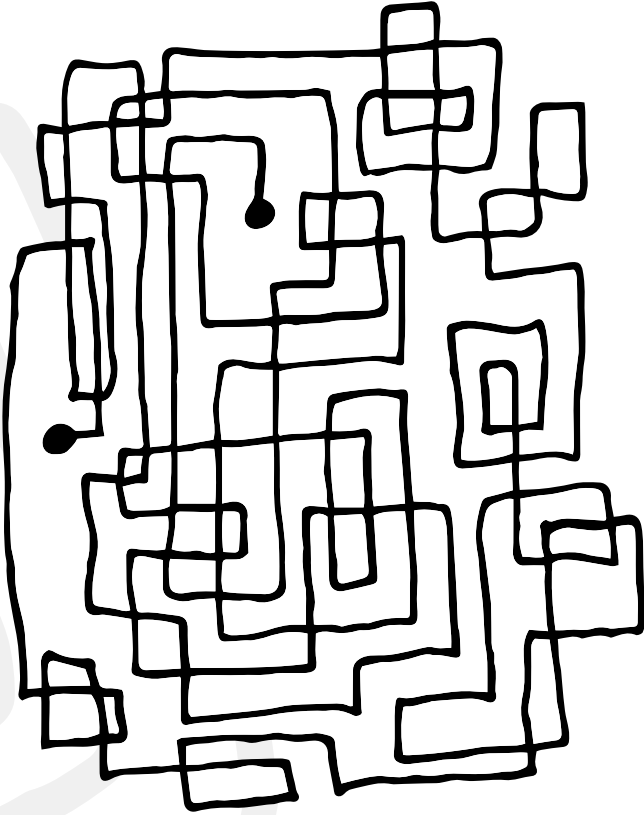
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"CONFIDENCE IS NOT ABOUT BEING PERFECT;
IT'S ABOUT BEING PERFECTLY YOU."

PUZZLE 040

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"BELIEVE IN YOUR WORTH, AND OTHERS WILL TOO."



"CONFIDENCE IS WEARING SUNGLASSES INDOORS AND PRETENDING YOU'RE NOT A SECRET AGENT."



"CONFIDENCE IS LOOKING IN THE MIRROR AND THINKING, 'I LOOK GREAT TODAY!' EVEN IF YOU HAVEN'T SHOWERED IN TWO DAYS."



"BELIEVE IN YOURSELF BECAUSE IF YOU DON'T, WHO WILL? ALSO, IF YOU DO, YOU'LL GET THE LAST PIECE OF PIZZA."

FUNNY QUOTES

HARD

**WHENEVER YOU CHOOSE:
CONQUER 20 PUZZLES**

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 041



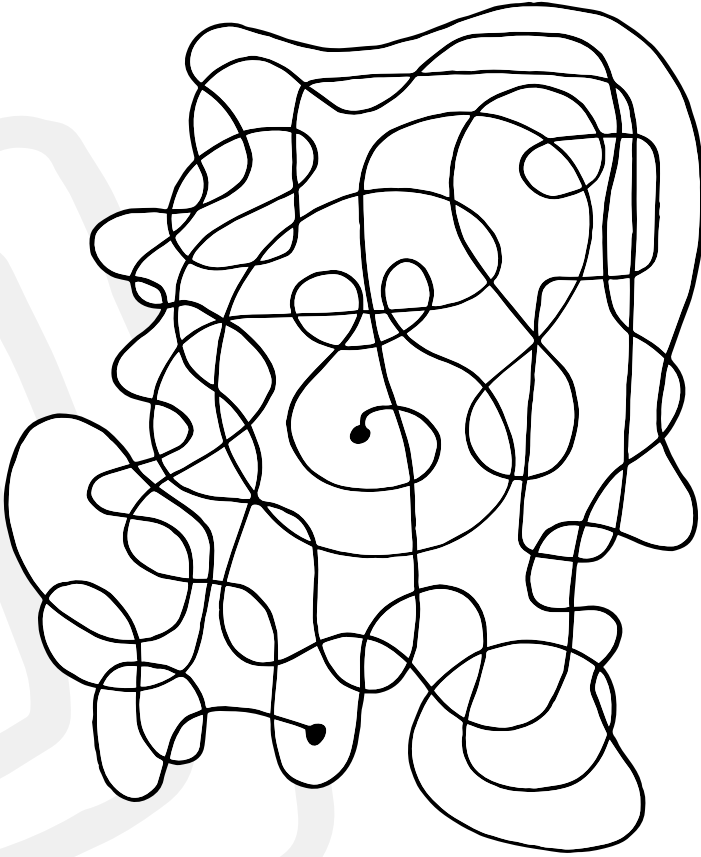
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"CONFIDENCE IS THE SECRET INGREDIENT TO SUCCESS;
SPRINKLE IT GENEROUSLY ON YOUR JOURNEY."

PUZZLE 042

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

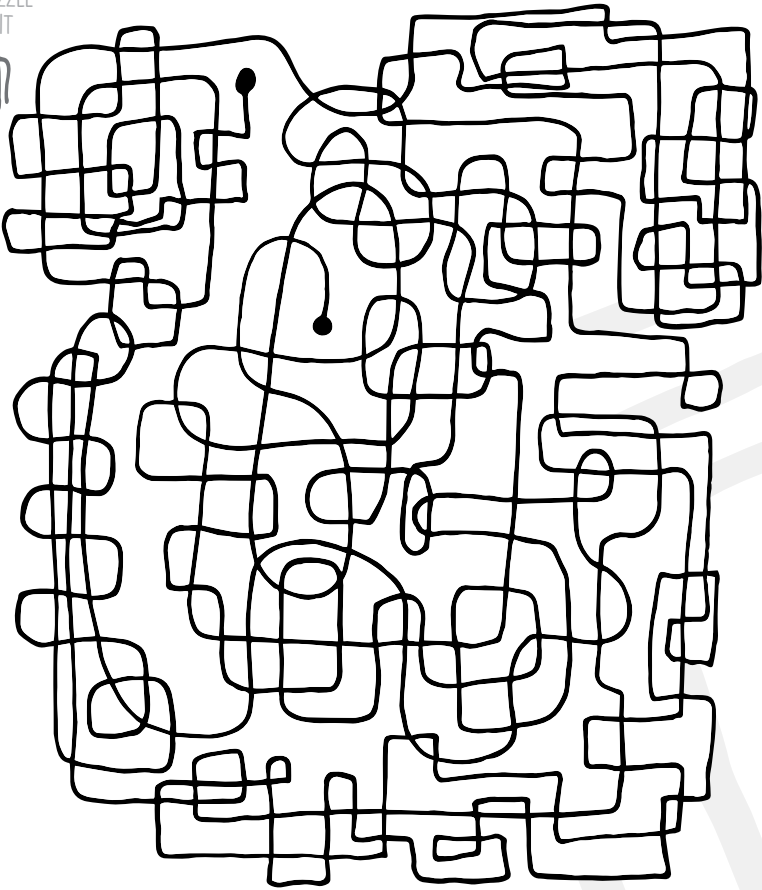


WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"TRUE CONFIDENCE COMES FROM WITHIN, NOT FROM EXTERNAL VALIDATION."

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

PUZZLE 043



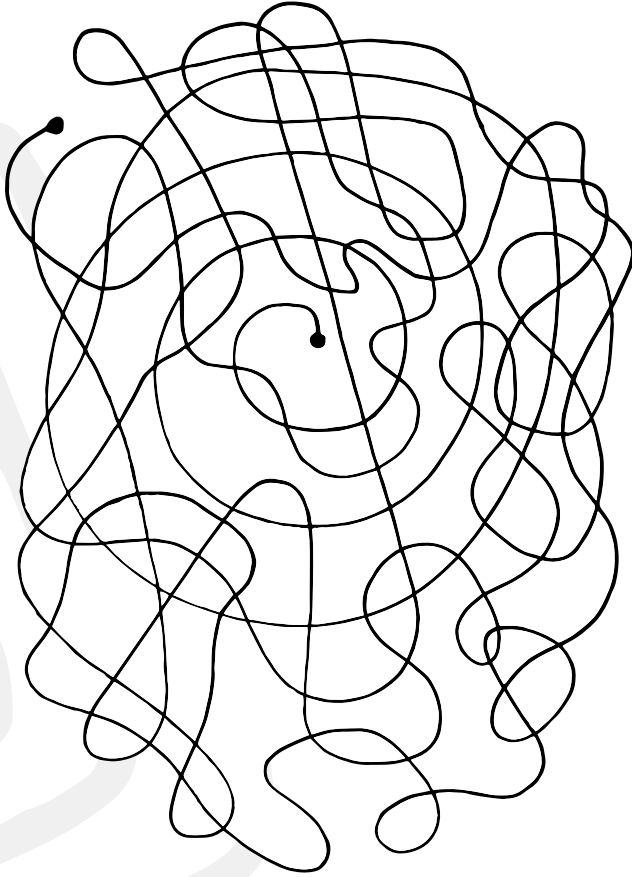
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"THE MOST IMPORTANT THING IS TO TRUST YOURSELF." - STEVE JOBS

PUZZLE 044

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

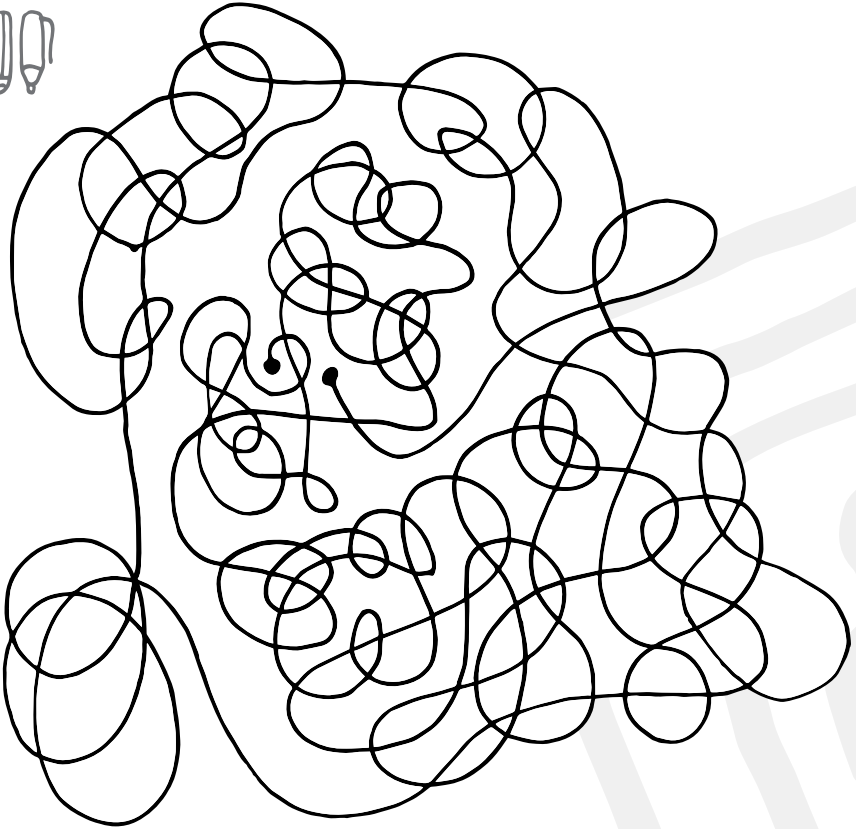


WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"YOU ARE THE MASTER OF YOUR DESTINY. YOU CAN INFLUENCE, DIRECT,
AND CONTROL YOUR OWN ENVIRONMENT." - NAPOLEON HILL

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT

PUZZLE 045



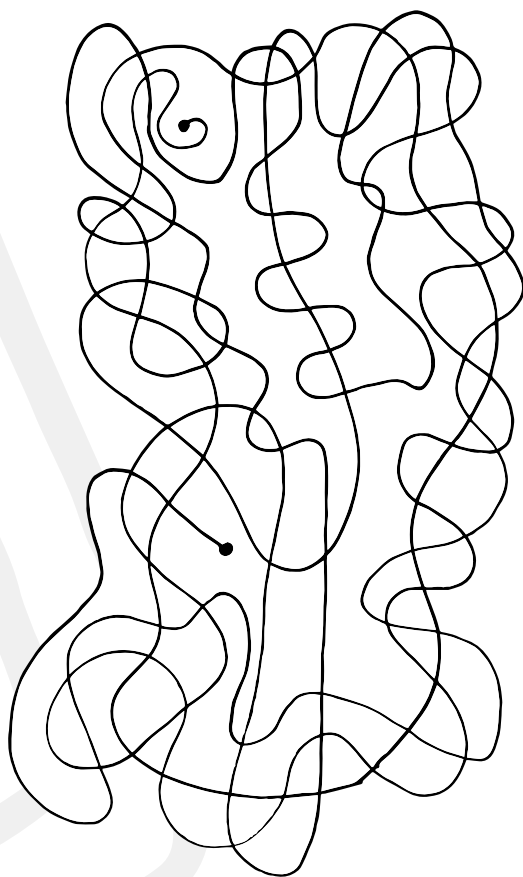
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"SELF-BELIEF AND HARD WORK WILL ALWAYS EARN YOU SUCCESS." - VIRAT KOHLI

PUZZLE 046

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



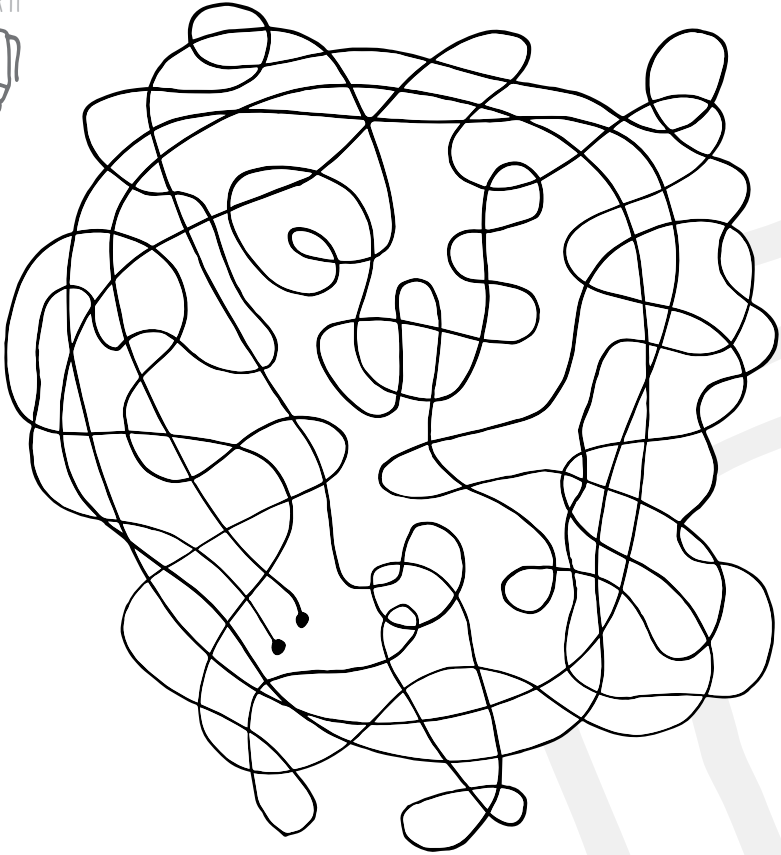
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"YOU HAVE TO EXPECT THINGS OF YOURSELF
BEFORE YOU CAN DO THEM." - MICHAEL JORDAN

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 047



↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT

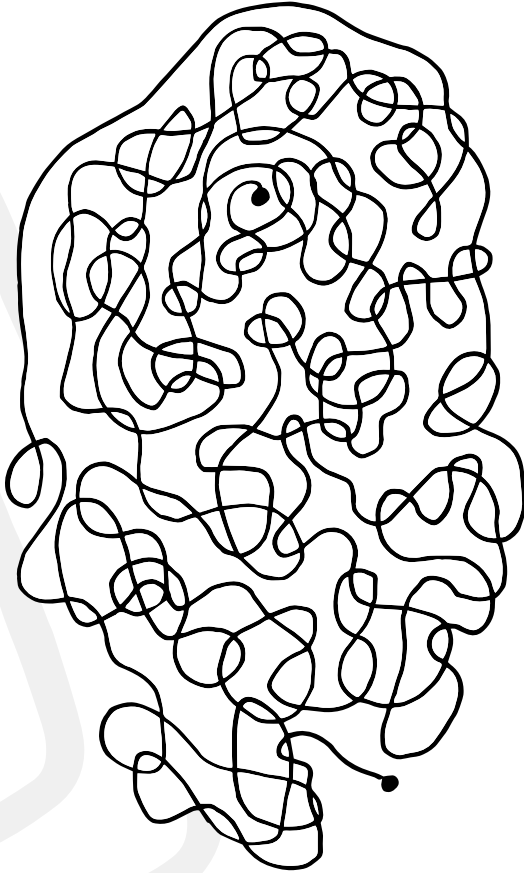


"BELIEVE IN YOURSELF, TAKE ON YOUR CHALLENGES, AND DIG DEEP WITHIN YOURSELF TO CONQUER FEARS. NEVER LET ANYONE BRING YOU DOWN. YOU GOT THIS."

- CHANTAL SUTHERLAND

PUZZLE 048

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"SUCCESS IS NOT FINAL, FAILURE IS NOT FATAL.
IT IS THE COURAGE TO CONTINUE THAT COUNTS." - WINSTON CHURCHILL

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 049



↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"CONFIDENCE IS PREPARATION. EVERYTHING ELSE IS BEYOND YOUR CONTROL."
- RICHARD KLINE

PUZZLE 050

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



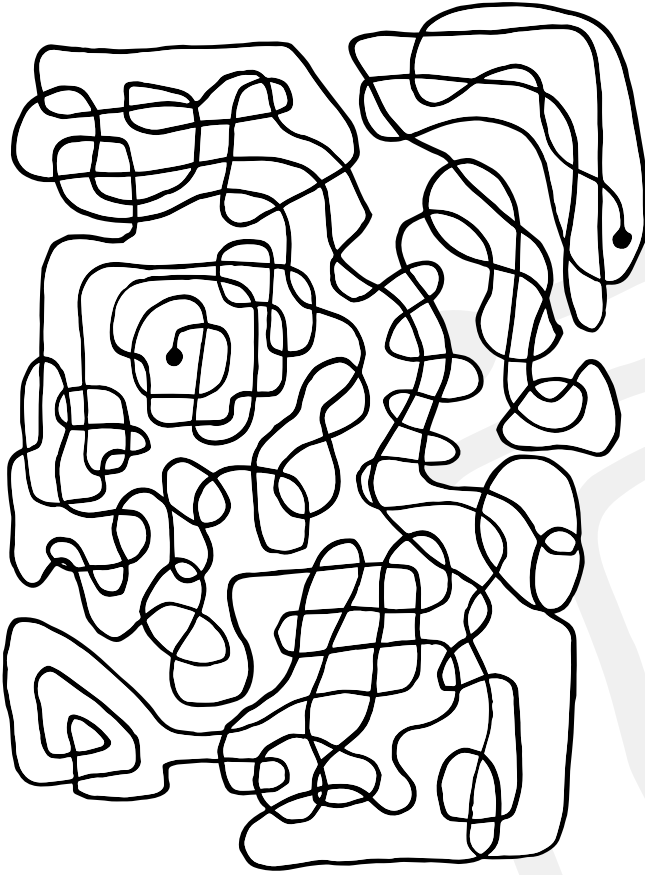
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"OPTIMISM IS THE FAITH THAT LEADS TO ACHIEVEMENT.
NOTHING CAN BE DONE WITHOUT HOPE AND CONFIDENCE." - HELEN KELLER

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 051



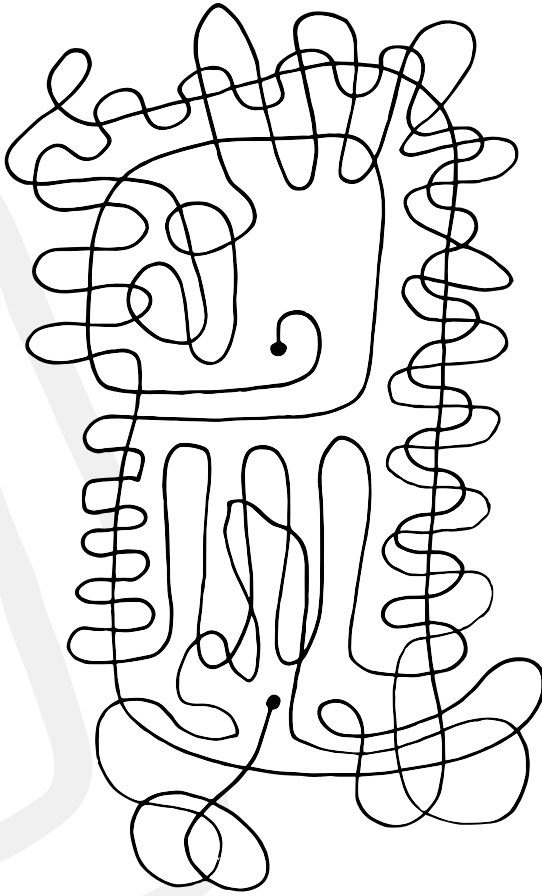
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"YOU MISS 100% OF THE SHOTS YOU DON'T TAKE." - WAYNE GRETZKY

PUZZLE 052

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"ONCE WE BELIEVE IN OURSELVES, WE CAN RISK CURIOSITY, WONDER, SPONTANEOUS DELIGHT, OR ANY EXPERIENCE THAT REVEALS THE HUMAN SPIRIT." - E.E. CUMMINGS

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 053



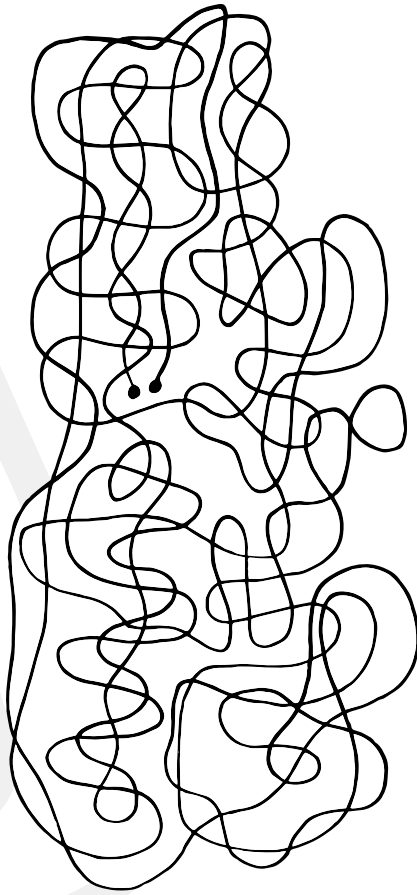
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"LOW SELF-ESTEEM IS LIKE DRIVING THROUGH LIFE WITH YOUR HANDBRAKE ON."
- MAXWELL MALTZ

PUZZLE 054

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



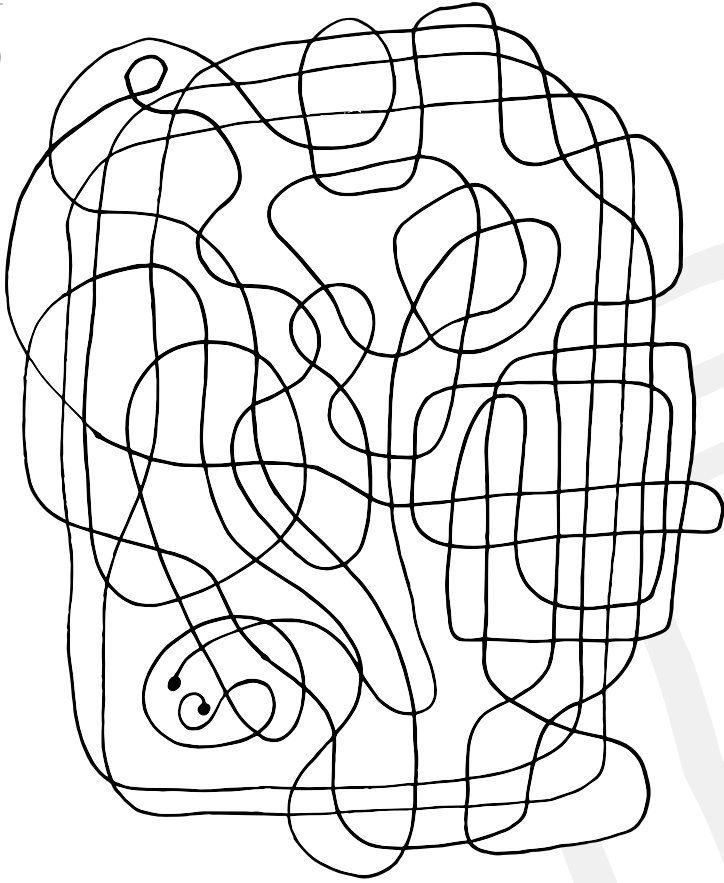
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"BELIEVE IN YOURSELF AND ALL THAT YOU ARE. KNOW THAT THERE IS SOMETHING INSIDE YOU THAT IS GREATER THAN ANY OBSTACLE." - CHRISTIAN D. LARSON

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 055



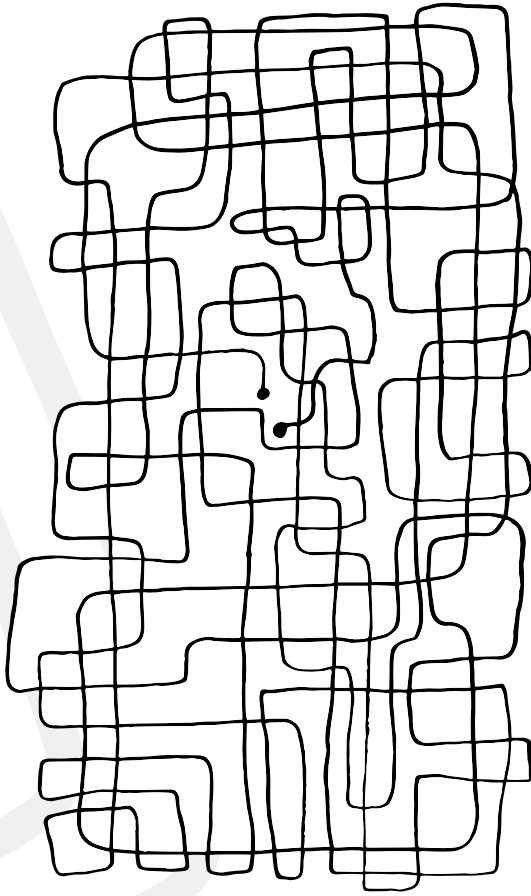
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"CONFIDENCE COMES FROM DISCIPLINE AND TRAINING." - ROBERT KIYOSAKI

PUZZLE 056

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



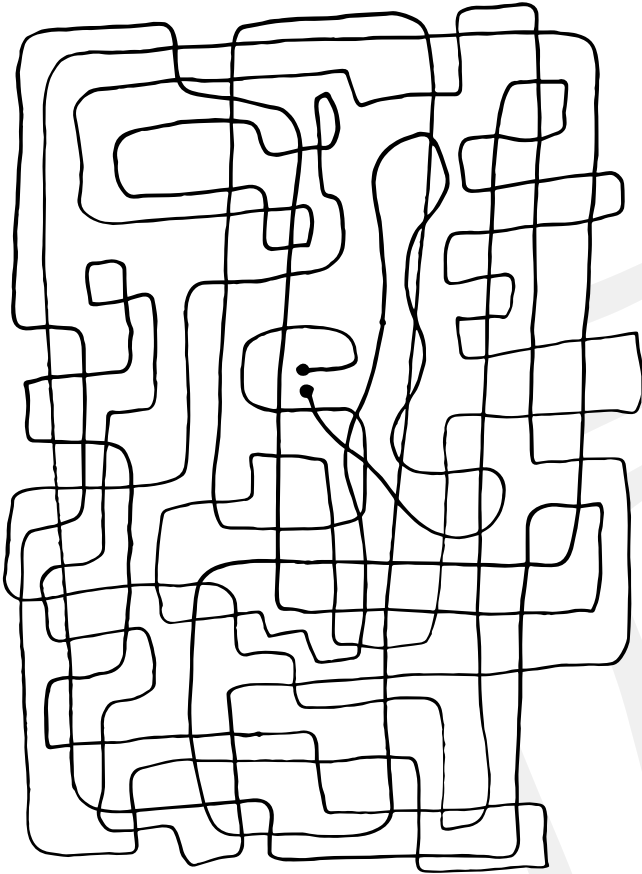
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"CONFIDENCE IS NOT THEY WILL LIKE ME. CONFIDENCE IS I'LL BE FINE IF THEY DON'T."

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 057



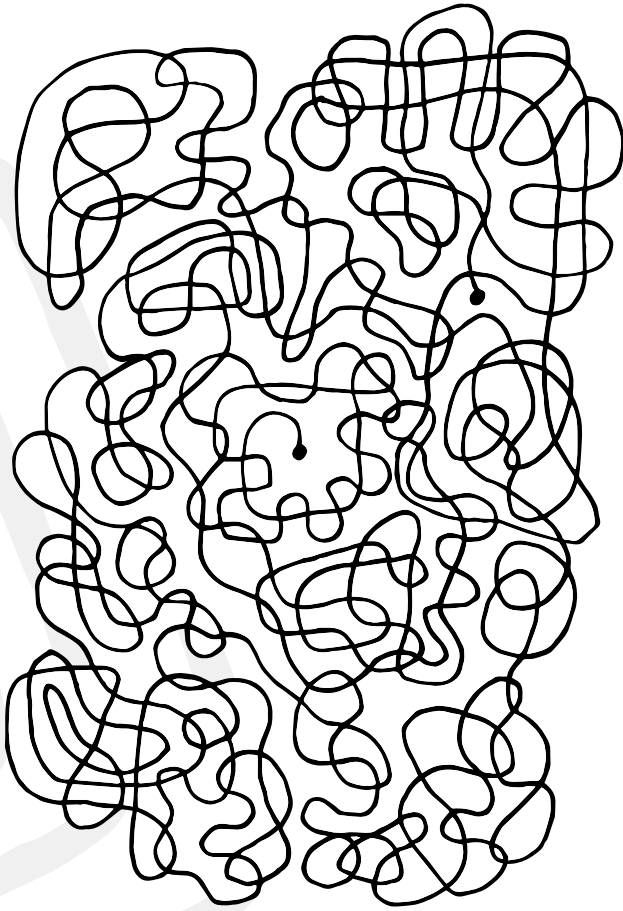
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"BELIEVE IN YOURSELF, AND THE REST WILL FALL INTO PLACE.
HAVE FAITH IN YOUR ABILITIES, WORK HARD, AND THERE IS NOTHING
YOU CANNOT ACCOMPLISH." - BRAD HENRY

PUZZLE 058

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



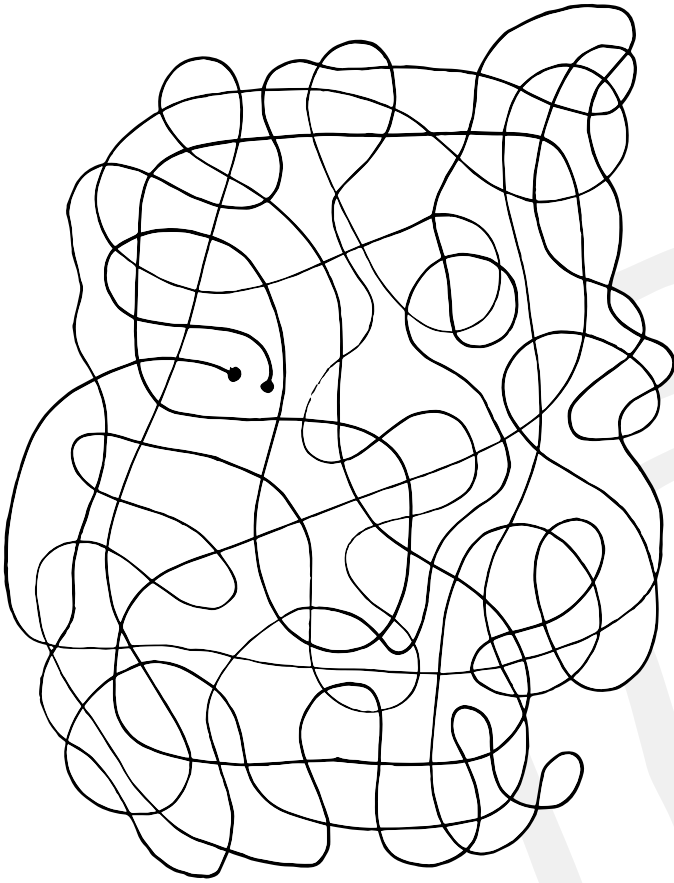
WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"IT IS NOT THE MOUNTAIN WE CONQUER BUT OURSELVES." - SIR EDMUND HILLARY

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



PUZZLE 059



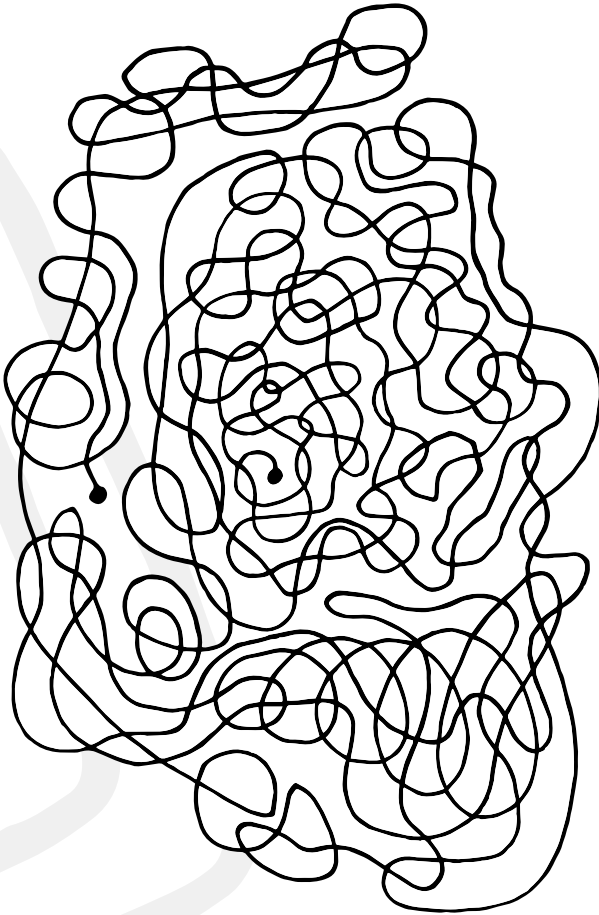
↓ WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT



"SELF-CONFIDENCE IS THE MOST ATTRACTIVE QUALITY A PERSON CAN HAVE.
HOW CAN ANYONE SEE HOW GREAT YOU ARE IF YOU CAN'T SEE IT YOURSELF?"

PUZZLE 060

AFTER
YOU SOLVE
THE PUZZLE
COLOR IT



WRITE A FEW WORDS WHILE FOCUSING ON THE POSITIVES OF THIS MOMENT ↓

"YOU ARE ENOUGH JUST AS YOU ARE. EACH EMOTION YOU FEEL, EVERYTHING IN YOUR LIFE, EVERYTHING YOU DO OR DO NOT DO... WHERE YOU ARE AND WHO YOU ARE RIGHT NOW IS ENOUGH. IT IS PERFECT. YOU ARE PERFECT ENOUGH." - HAEMIN SUNIM



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ART, TRAVEL, HUMAN
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EAGER TO UNCOVER MORE
OF WHAT BEAUTIFUL EARTH
HAS TO OFFER.



ANETA G. HELLER

8D**OO**DLES®



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This book is designed to provide practical insights and guidance for photographers seeking effective communication strategies. The authors, Artur J. and Aneta G. Heller, have made every effort to ensure the accuracy of the information presented. However, they assume no responsibility for errors, omissions, or outcomes resulting from the use of the information contained in this book.

Names, characters, businesses, places, events, and incidents are either the products of the authors' imagination or used in a fictitious manner. Any resemblance to actual persons, living or dead, or actual events is purely coincidental.

Idea, layout, and cover design by Artur J. Heller, reflecting a harmonious fusion of creative vision and meticulous craftsmanship, to present a captivating and visually engaging reading experience.

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Welcome to “*Path to Self-Belief: 60 Mind Puzzle Challenges to Self-Confidence.*” Within the pages of this book, you are about to embark on a remarkable journey, one that will not only captivate your mind but also empower your self-belief. Far more than mere puzzles, these challenges are stepping stones towards a deeper understanding of your own potential, igniting the flames of your self-confidence.

In the grand tapestry of life, akin to the intricate threads of a puzzle, we often commence our journey from a single point—a point that propels us through an array of twists, turns, and unforeseen hurdles on our quest to reach our desired destination. The puzzles within these pages mirror this very essence, offering you the chance to surmount obstacles and forge your distinct path to success. Our collection presents an eclectic array of puzzles, each meticulously designed to provide a unique test of your faculties. As you navigate through these challenges, you’ll find that each solved puzzle becomes a testament to the burgeoning strength of your self-belief.

Embrace the challenges, and set forth on a transformational journey of self-discovery. Your adventure begins here, where every puzzle solved becomes a stepping stone on your “Path to Self-Belief.”

